

Rappahannock Regional Jail

Annual Report for Fiscal Year 2019

July 1, 2018 – June 30, 2019

**The Rappahannock Regional Jail serves the
City of Fredericksburg
and the counties of
King George, Spotsylvania, and Stafford**



Jail Update

The Rappahannock Regional Jail employs 316 full-time and 13 part-time staff. The operating budget for July 1, 2018, through June 30, 2019, was \$31,772,354.

This past July 2019, the Jail marked its 19th anniversary in Stafford County. In 2000, the Jail originally opened with a population of 474 inmates. The total rated capacity for the Rappahannock Regional Jail is 1,836. On June 30, 2019, the Jail’s population was 1,337.

The Jail continues contracts with the Federal Bureau of Prisons, U.S. Marshal’s Service, and the United States Marine Corps. These contracts generate revenue that supplements the Jail’s operating budget.

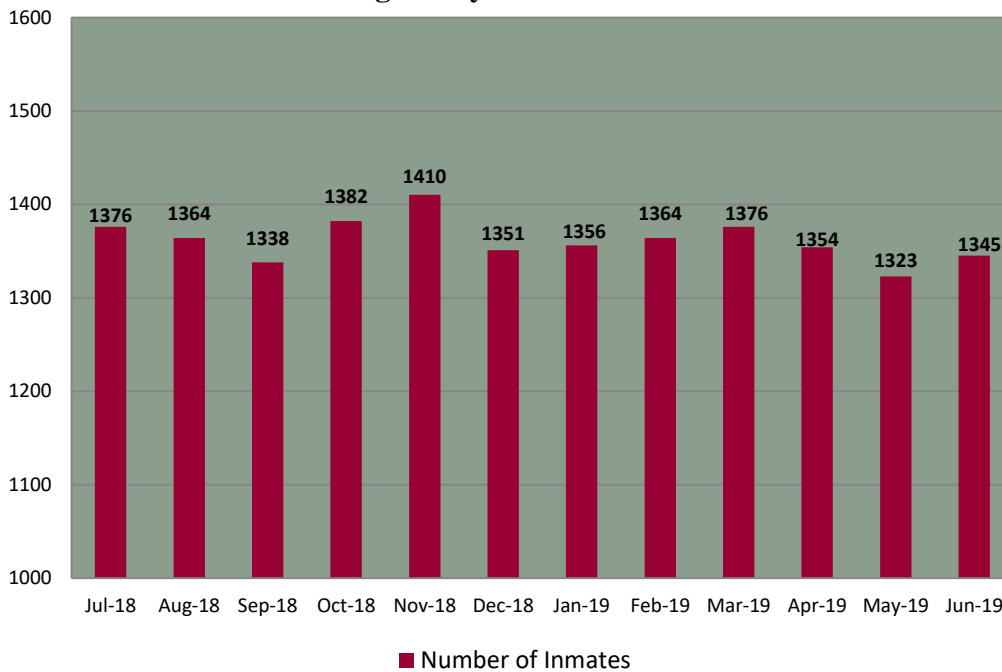
Video Arraignment

Video Arraignment is available for all courts served by the Rappahannock Regional Jail. The average number of video arraignments conducted per month is 394.

Intake/Release

During this reporting period, there have been a total of 11,718 bookings and 11,821 releases.

**Rappahannock Regional Jail
Average Daily Count 2018-2019**



Special Points of Interest

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INMATE SERVICES AND PROGRAMS

LAW LIBRARY

The Rappahannock Regional Jail provides an extensive Law Library resource for the inmate population that is completely automated.

EDUCATION PROGRAM

The school program is an official site under the Regional Adult Education Program for Planning District 16. The Inmate Services Manager serves as a member of the Regional Adult Education Advisory Board. The Regional Jail offers adult basic education classes so that inmates may receive a General Equivalency Diploma (GED) during their incarceration. The GED test is administered at the facility, as well as the Special Education Adult Diploma Program. The Special Education program is provided through the Stafford County School Board and enables those inmates with special needs who only need a few credits to complete their education to receive a diploma from their original high school.

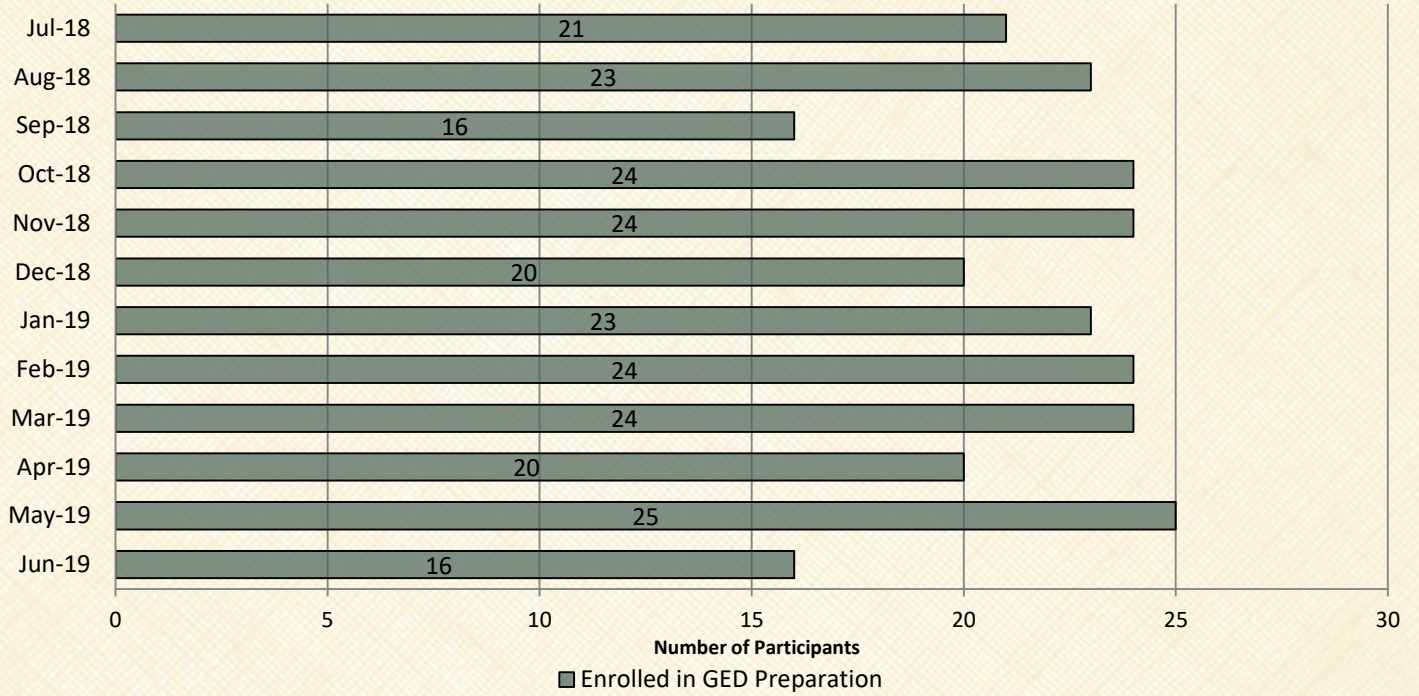
RELIGIOUS PROGRAMS

Chaplains work with Programs staff to coordinate religious programming and are also available to the inmate population in crisis situations. Bible Study, Islamic Studies (when a volunteer Imam is available), and Christian church services are available. Members of local Catholic Churches conduct a study of the Rosary and Mass is available periodically. Each inmate may request a visit from clergy of their own faith.

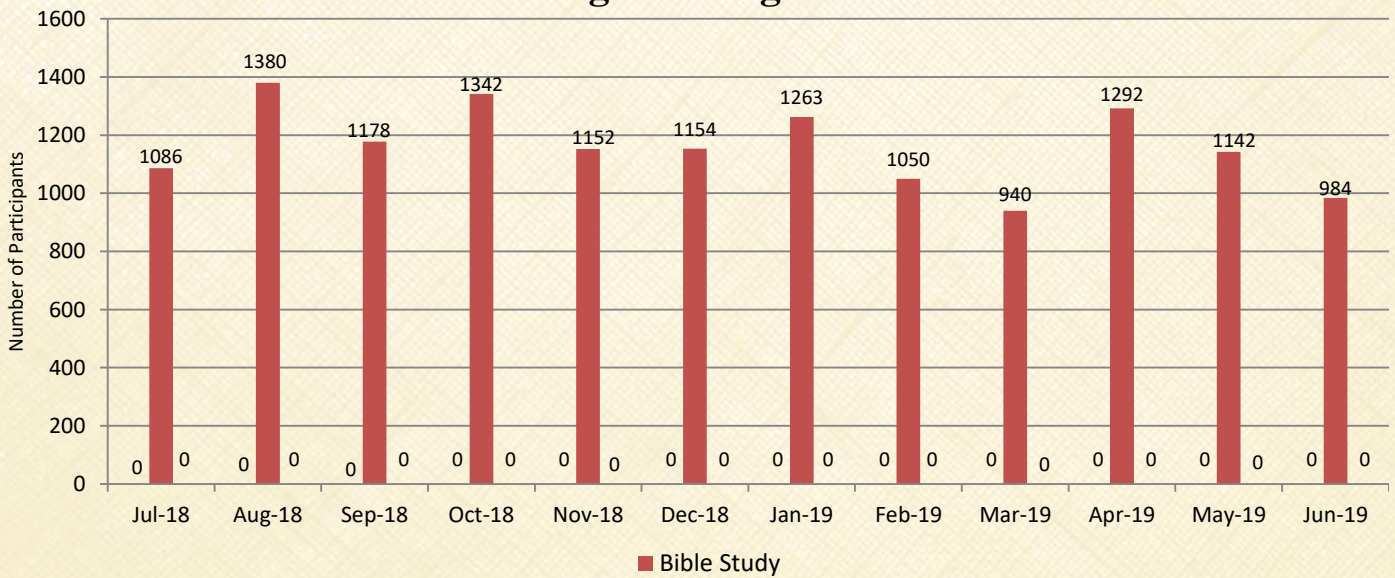
SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES

The Rappahannock Area Community Services Board (RACSB) contracts with the jail to provide a multidisciplinary team of professionals to meet the needs of individuals incarcerated who struggle with mental health and/or substance use disorders. The team includes two Substance Abuse Therapists, one Mental Health Therapist, one Mental Health Case Manager, sixteen hours of tele-psychiatry with a prescribing Mental Health Nurse Practitioner, a Diversion Therapist, and a Diversion Case Manager. The Substance Abuse Therapists provide biweekly group therapy, individual therapy, discharge planning, and requested substance abuse evaluations. The Mental Health Therapist provides services to the individuals who are in crisis while incarcerated in order to assess for risk and safety and determine a plan for continued support while remaining incarcerated. The Mental Health Therapist also responds to individuals incarcerated to provide brief intervention therapy. The Mental Health Case Manager provides support and coordination to the individuals who need medication management while incarcerated. The Case Manager manages tele-psychiatry weekly by coordinating with the medical team at the jail as well as with Mental Health Nurse Practitioners from the RACSB in addition to discharge planning and connection to community resources upon release for continuation of care. The Diversion Team includes both a therapist and case management position. The Diversion program is partly funded by a grant provided by the Department of Behavioral Health and Disability Services (DBHDS) to provide services to the seriously mentally ill population that become incarcerated as well as working collaboratively identifying individuals in the jail prior to sentencing to support efforts with diversion from incarceration to mental health services in the community. The Diversion team works with community members to include: defense attorneys, prosecutors, pretrial services, probation/parole, family members, and treatment providers. The Diversion Team develops discharge plans to assist in identifying community resources upon the individuals' release. The yoga program, established in 2018, continues to remain as an option for females incarcerated at the jail, coordinated by the Mental Health Therapist. In 2019, the Mental Health Therapist began a men's meditation/relaxation group. It is offered as an alternative to yoga in the male pods. The Mental Health/Substance Abuse Team is managed by a RACSB Coordinator that provides management of each program, provides clinical support to the individuals in the jail including brief intervention therapy, case management, and crisis response. The Team works to meet the needs of all individuals and coordinates with outside providers in the community to provide specialized support based on need.

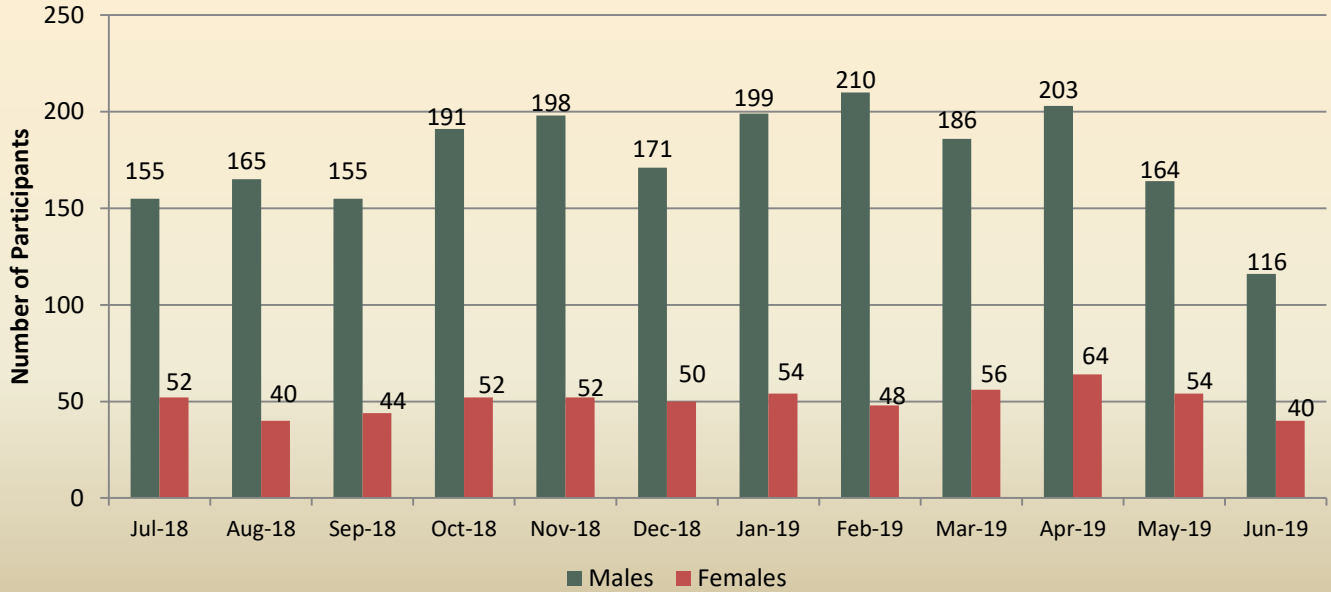
Educational Programs



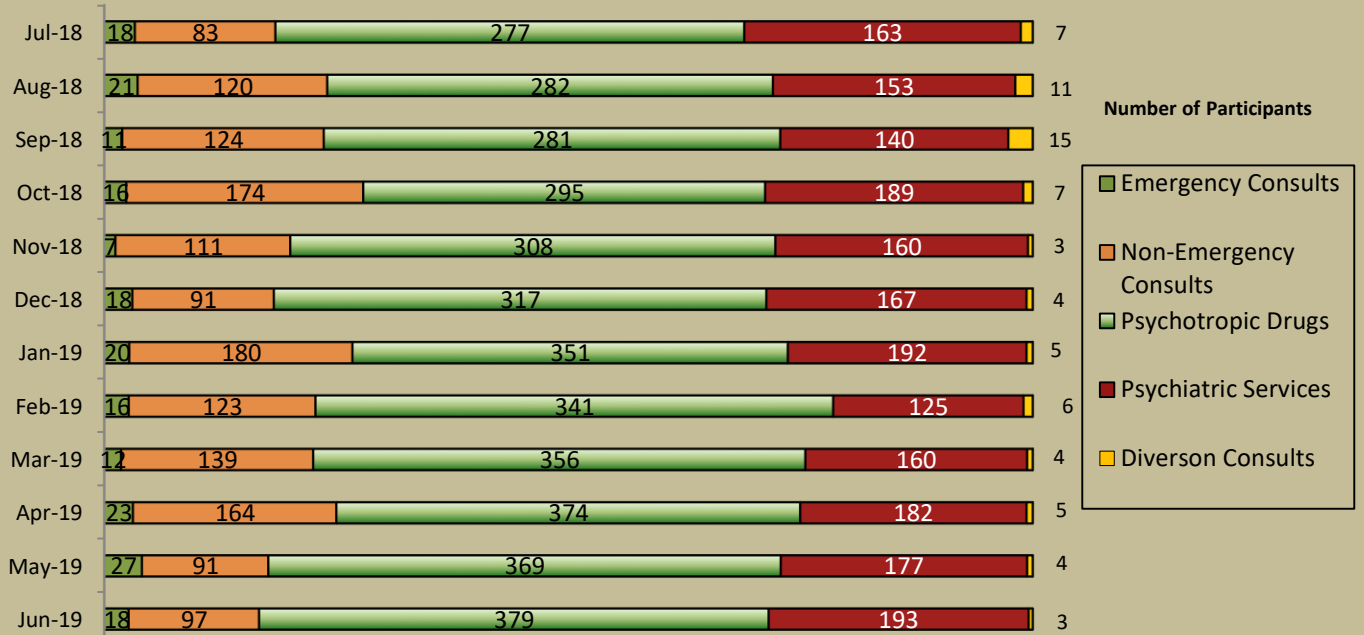
Religious Programs



Substance Abuse Services



Psychiatric & Psychological Services



Inmate Medical Services

MEDICAL SERVICES

The Medical Department is available to provide routine health care services and emergency services twenty-four hours a day seven days a week. The Rappahannock Regional Jail has contracted with a medical group that includes the services of Physicians and Physician Assistants who conduct routine sick call visits several times a week. The medical group will recommend appropriate referrals to outside specialists as indicated. Coordination with outside health care providers is the responsibility of the medical staff. All pregnant inmates receive prenatal care through the Stafford Health Department. The delivery of newborns for pregnant inmates takes place at Mary Washington Hospital or Stafford Hospital. An arrangement for the appropriate care of the newborn is coordinated by jail case managers, social services, inmates who complete a Notarized Temporary Custodial Agreement, the hospital staff, and the inmate's family. The Rappahannock Regional Jail continues to require inmates with financial means to participate in our Co-Pay for Medical Services Program.

DENTAL CARE

Dental Services are provided by a dentist on contract with the doctors group as listed in medical services. Dental care is provided for inmates incarcerated at the Rappahannock Regional Jail. Routine dental care is defined as the physical examination, diagnosis, and treatment of diseases, malformations, and injuries to teeth, gums, and related structures upon request. The dentist will make referrals to an outside Oral Surgeon when deemed necessary.

Inmate Commissary & Food Services

INMATE COMMISSARY

The Commissary operations are contracted through Oasis Commissary Services. Inmates with funds in an inmate account may purchase items such as candy, snacks, stationery, and personal hygiene items weekly. Inmates may have this privilege suspended due to misconduct. Indigent inmates are given a kit weekly that contains hygiene and stationery items.

FOOD SERVICES

Summit provides the food service for the facility. The Food Service Department provides meals three times a day. A certified dietician for caloric and nutritional requirements evaluates the menus annually. Special diets are prepared and served for medical and religious reasons.

Volunteer Services

VOLUNTEERS

Approximately 157 volunteers currently deliver programs to the inmate population. These include church services, Bible study, Spanish Language Bible study, Islamic Studies (when volunteer Imam is available), Jehovah's Witnesses, Rosary services, Alcoholic Anonymous, Narcotics Anonymous, Life Skills, and Parenting Group. All volunteers must receive training in security procedures and policy from the Inmate Services Manager prior to working with the offender population. Pen Pal Programs through local religious groups are also initiated as needed. Pen Pals have to undergo background histories, as all volunteers that are processed.

COMMUNITY CORRECTIONS PROGRAMS

GRANT FUNDING

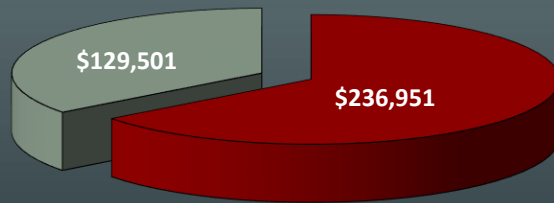
Current funding from outside sources (other than local matching funds) for programs and activities are listed below. These funds total over \$1,377,247.

- \$962, 247 from the Department of Criminal Justice Services, to staff and support Community Based Probation and Pretrial Services.
- \$240,000 is received from the Supreme Court of Virginia for the Adult Drug Treatment Court.
- \$175,000 is received from the Supreme Court of Virginia to support the Juvenile Drug Treatment Court.

WORK RELEASE

The Rappahannock Regional Jail Community Corrections Center implemented the Work Release Program in October 2000. This program allows non-violent offenders the opportunity to maintain their employment, or if unemployed, assists them in obtaining employment in the community. Paychecks are sent directly to Work Release staff to make payments on behalf of the offender for child support, court costs, restitution, incarceration fees, and other reasonable expenses and obligations. All participants are closely supervised to ensure that court-ordered and program conditions are strictly enforced. Offenders are also offered programs emphasizing transition to the community, release preparation, and linkage to community-based services.

The Work Release Program has been very successful for referred individuals who have chosen to take advantage of the program's offerings. The individuals who wish not to follow the program rules complete their sentences within the general population of the Jail. The participants are randomly drug/alcohol tested upon return from work and randomly checked at their job sites by staff.



Revenues: Fees collected from inmates to participate in the Work Release program

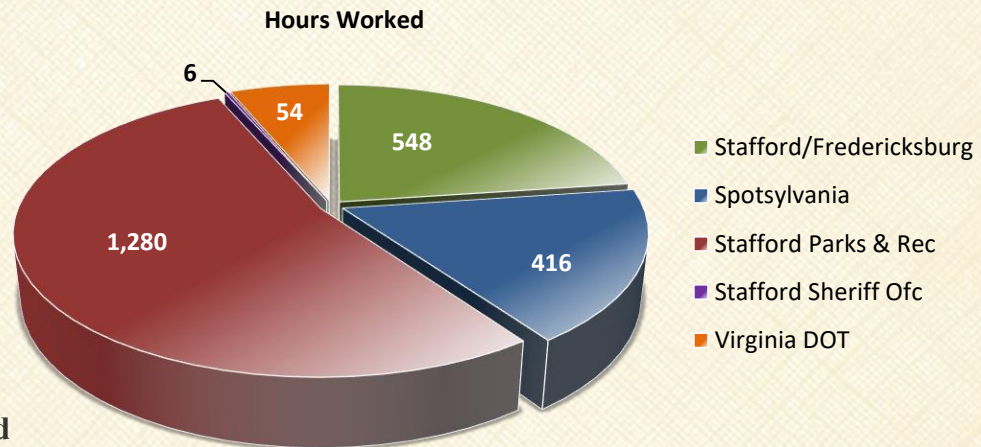
Expenditures: Inmate payments towards child support, court costs, and home expenses

WORK RELEASE PROGRAM & LOCAL COMMUNITY PROJECTS

The Work Release Program charges inmates \$15.00 a day for each day they leave the facility for employment. The Work Release program has open contracts with many local businesses.

The Jail has agreements with the Counties of Stafford, Spotsylvania, the City of Fredericksburg, Stafford County Parks and Recreation, and the Stafford Sheriff's Office to utilize inmate labor for trash details on local roadways. Each year, workers assist with community projects such as the Relay for Life and DARE. Eligible non-violent inmates who reside in the Community Corrections Center volunteer for the community service projects.

Community Service Inmate Road Crew FY19



**2,049 Refuse Bags
Collected in Stafford
County and the City of
Fredericksburg**

ELECTRONIC MONITORING PROGRAM

The Electronic Monitoring Program is an optional sentencing program that allows non-violent, low-risk offenders to serve their sentences in their homes while being monitored by computer, telecommunications, and GPS technology. Electronic monitoring of offenders is supervised via staff visits to the home, telephone contact by staff, office visits, job site checks, and drug and/or alcohol screening. Participants are required to pay a supervision fee of \$20 per day to participate in the program.

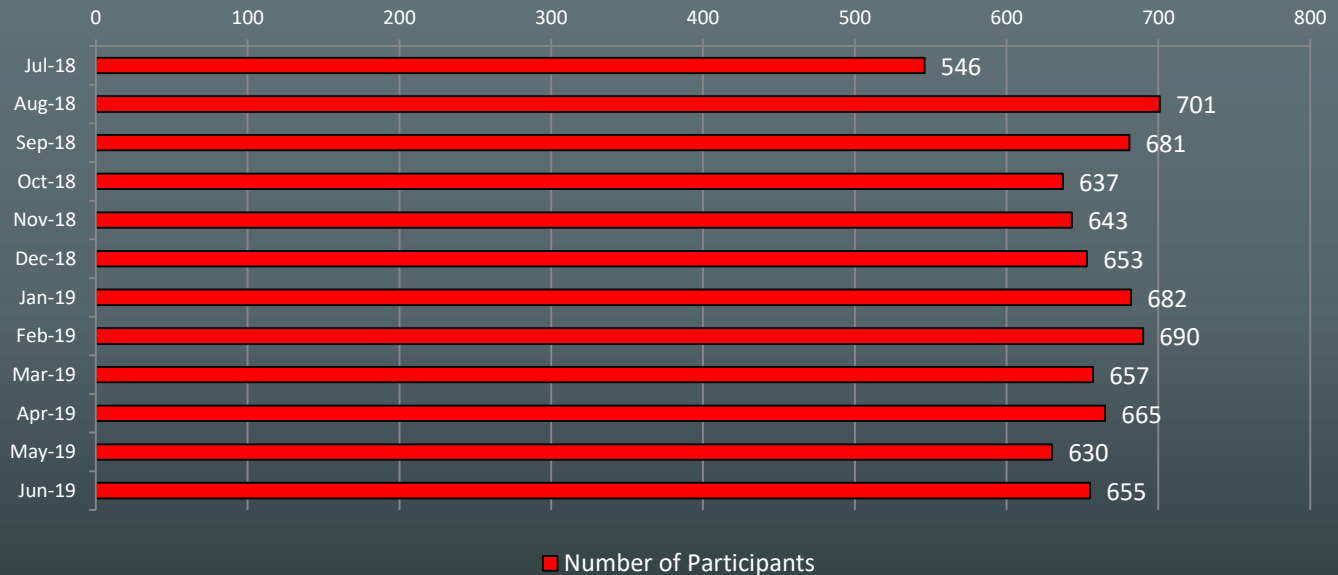


PRETRIAL SERVICES

The Rappahannock Regional Jail continues to operate Pretrial Services, which provides release and supervision recommendations to Judicial Officers, crucial to public safety. The program utilizes the Virginia Pretrial Risk Assessment Instrument (VPRAI) and the PRAXIS, two validated risk assessment tools that have been determined to be race and gender-neutral. If released into the program, special conditions ordered by the court and program standards determine a defendant’s level of supervision. The program’s objectives are to enhance Judicial decision-making, assure appearance in court, and address any known public safety issues. The program also assists with the screening process for candidates of the Rappahannock Regional Drug Treatment Court.



Pretrial Services Average Daily Count 2018-2019



Pretrial Services

Annual Statistics

July 1, 2018 through June 30, 2019

Rappahannock Regional Jail Pretrial Services was established in 1991. The purpose of pretrial is to find the least restrictive, non-financially supported, and less discriminatory means of pretrial release, while addressing public safety and mitigating a defendant's risk of failing to appear and arrest for a new offense. We serve the Counties of Stafford, Spotsylvania, and King George, and the City of Fredericksburg.

Interviews Conducted by Pretrial Services

⇒ *Defendants charged with a Misdemeanor – 1,400*

⇒ *Defendants charged with a Felony – 2,745*

Virginia Pretrial Risk Assessment Instrument

The General Assembly mandated, as a part of the Pretrial Services Act, that the Virginia Department of Criminal Justice Services "...shall develop risk assessment and other instruments to be used by pretrial services agencies in assisting judicial officers in discharging their duties pursuant to Article 1 (§ 19.2-119 et seq.) of Chapter 9 of the Code of Virginia (Code of Virginia §19.2-152.3)." A pretrial risk assessment instrument is used to identify a defendant's risk of failure (failure to appear for a scheduled court appearance and arrest for a new offense) if released pending trial. The instrument utilizes eight risk factors to accurately predict both the risk of failure to appear and arrest, regardless of sex, race, and income.

Risk Assessment Instruments Completed by Pretrial Services

⇒ Rappahannock Regional Jail Defendants charged with a Misdemeanor – 1,298

89% Court appearance rate

⇒ Rappahannock Regional Jail Defendants charged with a Felony – 2,775

89% Court appearance rate



Veterans Docket



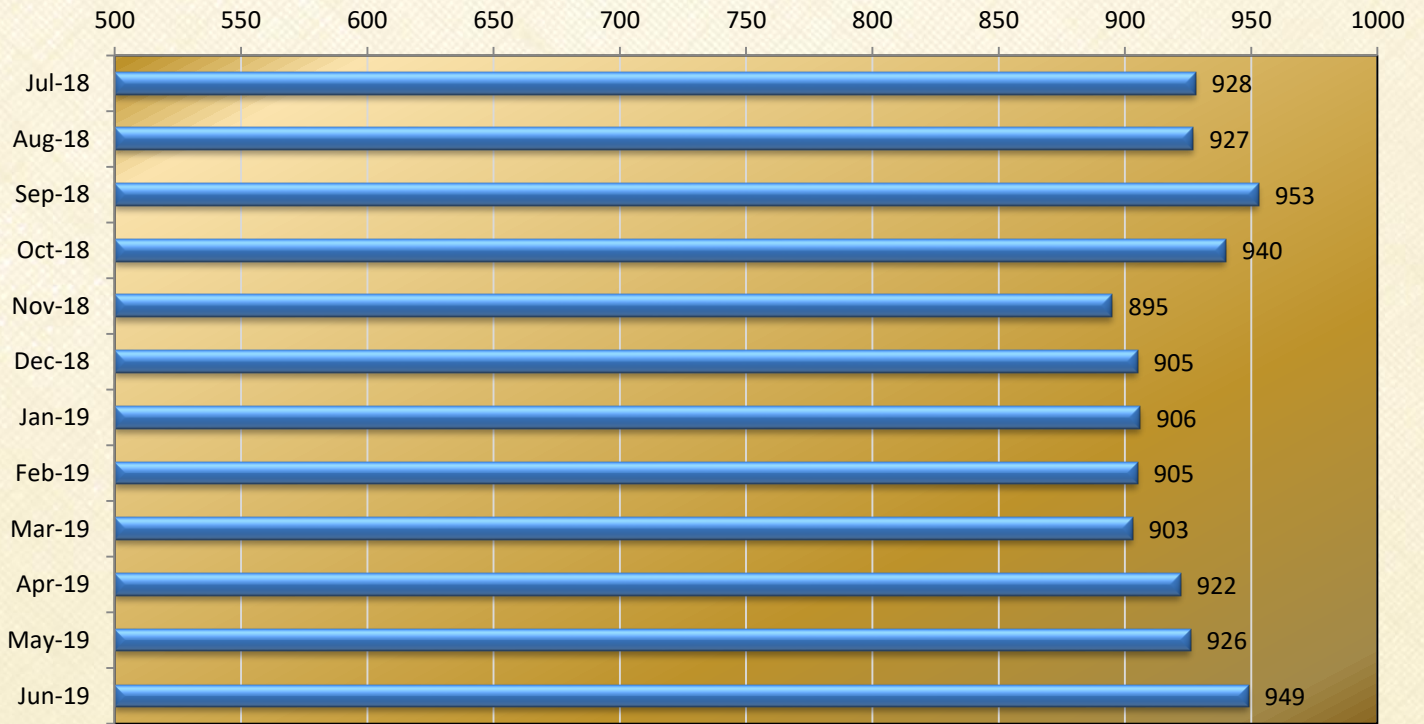
Veterans are unique individuals who may have experienced situations in life that many of their civilian peers would never be exposed to or encounter. In 2013, the courts in this area began to notice an increase in the number of Veterans, particularly those who served in Iraq and Afghanistan, becoming involved in the criminal justice system. The Rappahannock Veterans Treatment Docket was established to address the needs of these veterans and to assist in stabilizing them in the community. The mission of the Veterans Docket is to support participating veterans by reducing recidivism, provide immediate access to a comprehensive program of substance abuse and mental health services, as well as mentorship and veterans' services under the supervision of the court. The treatment of these veterans is achieved by recognizing their service, worth, dignity, strengths, and ability to make informed decisions. This service is a collaborative effort by the court partnering with the Commonwealth's Attorney's office, Public Defender, Rappahannock Area Community Service Board (RACSB), Rappahannock Regional Jail, and the Veterans Administration. Successful completion of the program will result in the veteran receiving the clinical help they need and a possible reduction in the sentence and/or charge. This unfunded program serves Spotsylvania Courts as a pilot with the idea to expand to the remaining localities.



COMMUNITY BASED PROBATION

Locally responsible offenders ordered into this program are supervised according to program rules and special conditions ordered by the courts. Ideally, offenders are placed on Community Based Probation (CBP) in order to address public safety as a penalty for committing their offenses, and/or to address special needs by placing offenders in counseling for substance abuse, anger management, batterer intervention, parenting skills, or mental health issues. Although CBP continues to address the requirements of the courts, it has implemented and integrated Evidence Based Practices (EBP) concepts and procedures into every aspect of its operations. EBP is the adoption and implementation of practices and interventions that are proven effective through research. This action means implementing specific activities that identify offender's risk, and reduce crime and recidivism. CBP coordinates with the Rappahannock Council on Domestic Violence (RCDV) for a collaborative approach to the supervision of domestic violence offenders. CBP also collects and facilitates payment of restitution to victims, payment of court costs and fines, and monitors the completion of community service work.

Community Based Probation Average Daily Count 2018-2019



Number of Participants

■ Number of Participants



Community Based Probation (CBP)

Annual Statistics

July 1, 2018 through June 30, 2019

⇒ Placements on supervision - **1,104** misdemeanors - 26 non-violent Felons

⇒ Successful Outcome Rate - 69% for misdemeanors - 78% for Felons

Over **\$201,302.64** was put back into our local community through the payment of restitution to local victims, facilitation of payment of court costs and fines, and community service work performed.

⇒ **\$63,899.26** in court costs and fines have been facilitated/collected

⇒ **\$38,393.75** in restitution has been paid back to local victims

⇒ **13,656.50** hours of community service work (**\$99,009.63** based on minimum wage)

Changing Behavior with Early Intervention

“Brief Intervention Tools”

In an effort to enhance our overall supervision of clients and to intervene in the early supervision process, CBP has implemented the use of the Brief Intervention Tools (BITS). BITS was created to help corrections professionals effectively address key skill deficits with adult offenders in short, structured interventions. The tool has been used to address issues such as problem solving, overcoming automatic response, thinking traps, engaging with prosocial friends as well as evaluating key life areas that may require improvement. The tools can also be used as a supplement to other cognitive behavioral modalities.

Recovering Restitution for Victims

“Monitoring Restitution Payments”

In an effort to comply with the guidelines outlined in legislation, *2018 Acts Chaps. 316 and 671*, dealing with the collection, monitoring, and payment of restitution; CBP has met with the courts in each jurisdiction to develop plans and strategies to implement the necessary requirements. Under the new guidelines, CBP is mandated to assist the courts in monitoring the payment of restitution for victims of crimes. CBP and the courts have agreed to a process where the clerk will provide the required information that will then allow CBP to monitor payments as well as keeping the Commonwealth’s Attorney informed of any delinquency. It is our belief that this action will provide the courts some relief as well as enhance their efforts to address this need.

Community Based Probation (CBP) July 2018 through June 2019 Statistics continued...

Community Based Probation continues to work collaboratively with District 21 Probation and Parole, Stafford Diversion Center, Virginia Department of Correctional Education, Endless Hope, Lighthouse Counseling Services, Department of Social Services, the Rappahannock Council on Domestic Violence, the Rappahannock Area Community Services Board, and the Rappahannock Area Goodwill Industries on the delivery of our combined services.

On-site Substance Abuse Testing, Education, & Treatment Programs

Substance abuse assessment – 469 offenders

Substance abuse testing - 523 offenders

Substance abuse treatment - 266 offenders

Substance abuse education – 119 offenders

Anger Management - 113 offenders

Community Service Work - 403 offenders

Shoplifter's (STOP) class - 55 offenders

Fresh Start Batterer Intervention - 357 referrals

Other Services - 184 offenders

Stafford Domestic Violence Docket “Monitor for Progress”

In an effort to ensure perpetrators of Domestic Violence are taking the steps necessary to enroll and enter into the appropriate intervention program in a timely manner, the Stafford JDR Court, in May 2018, established a Domestic Violence Docket. This docket is a collaborative effort with the Court, Commonwealth's Attorney Office and Community Based Probation (CBP). The docket is only for those cases where the court has set a deferred disposition date. This docket is used as a tool to monitor and expedite compliance of domestic violence offenders who are placed on CBP. The establishment of review dates allows the court monitor progress and to readily address issues that may arise which could hinder or delay an offender's entry into the Batter's Intervention program. The Domestic Violence Docket is another tool Community Corrections is using to promote and ensure that public safety is always at the forefront of its decision making.

An Improved Criminal Justice Response Team was recently created to minimize gaps in the services that are provided to victims/survivors. It is a High Risk Team who work on ways to improve how the different services work together. The team includes the Stafford Sheriff's Office, Victim Witness, Empowerhouse, Community Based Probation (DV Probation Officers), and the Department of Social Services. These agencies meet monthly and are focused on victim safety and services.

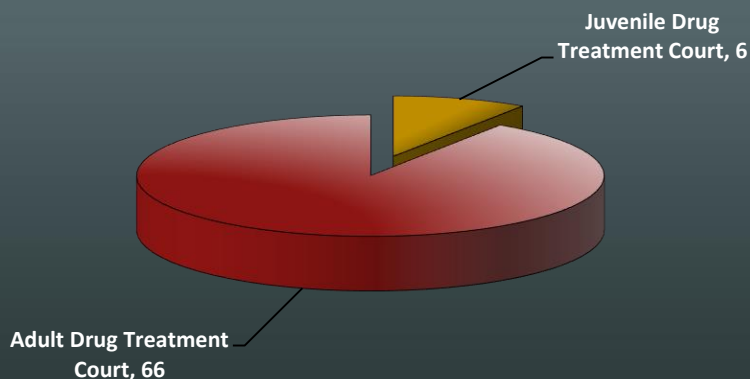
RAPPAHANNOCK REGIONAL ADULT & JUVENILE DRUG TREATMENT COURT

Drug Court is a cooperative effort between the courts, the offices of the Commonwealth's Attorney's, the Public Defender's office, Adult and Juvenile Probation, the Rappahannock Area Community Services Board, and the Rappahannock Regional Jail. The Drug Treatment Court uses a team approach to provide substance abuse treatment to offenders with intensive oversight and monitoring by the Court. Judge Gordon F. Willis presides over the adult program and is involved weekly in the reinforcement of sanctions and incentives for program participants with input from collaborating program staff. Judge Joseph A. Vance, IV presides over the juvenile program. The Rappahannock Regional Adult and Juvenile Drug Treatment Court programs are able to provide services for ninety (90) adults and twenty (20) juveniles each year.

As of June 30, 2019, the Adult Drug Treatment Court program had sixty-five (65) active participants, thirty (30) females and thirty-five (35) males. The Phase III component of the program had thirteen (13) participants, Phase II had twenty-four (24) participants, and the Phase I component had twenty-eight (28) participants. Drug Court has continued to utilize the services of established partnerships such as the Thurman Brisben Center, Goodwill Industries, the Department of Aging and Rehabilitative Services, and Project Link, in addition to intensive outpatient, residential, and detoxification treatment services.

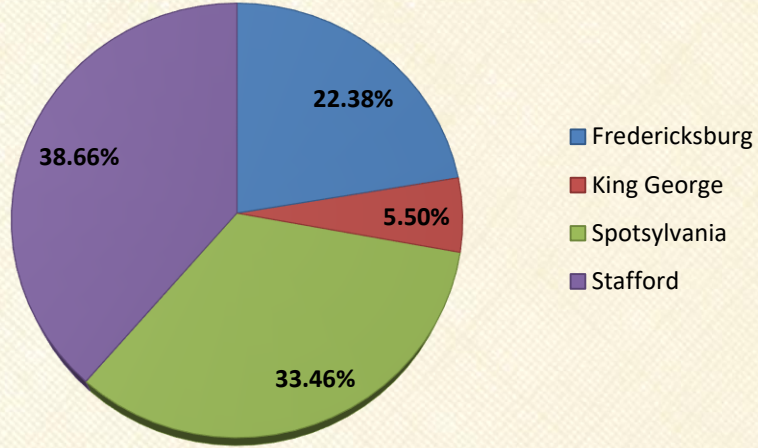
The Juvenile Drug Treatment Court program has continued to strive towards achieving all of the goals and objectives set for the period ending June 30, 2019, by providing a range of intensive services for juvenile offenders with substance abuse needs. The juvenile and their families are provided intensive outpatient treatment, individual and family counseling, which also includes in-home services. Treatment modalities concentrate on evidence-based practices that focus on cognitively changing problematic behaviors. Juveniles are required to be involved in educational programs or employment if educational goals have been completed. Partnerships have been formed with other community agencies to address additional needs such as mentoring, psychiatric services, and group home placement. As of June 30, 2019, the program had six (6) active participants, one (1) female and five (5) males. The Phase III component of the program didn't have any participants, Phase II had three (3) participants, and the Phase I component had three (3) participants.

Adult and Juvenile Drug Court Participants 2018-2019 Daily Average



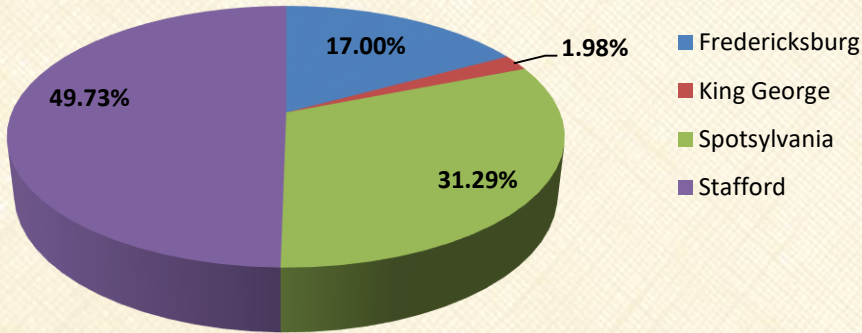
Total Jail Population by Jurisdiction

(June 2019)



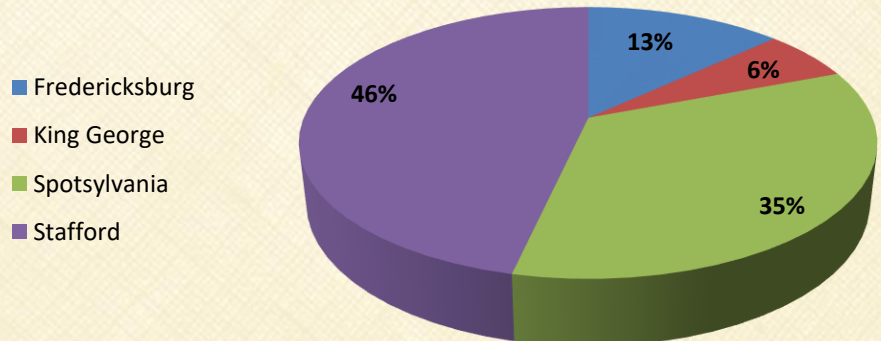
Community-Based Probation - 1,130 Placements

(percentage of annual total placements)



Pretrial - 1,918 Placements

(percentage of annual total placements)



Victim Information and Notification Everyday (VINE)

VINELink is the online version of VINE (Victim Information and Notification Everyday), the National Victim Notification Network. This service allows crime victims to obtain timely and reliable information about criminal cases and the custody status of offenders 24 hours a day. Some states have the ability to display this website in Spanish. Please click on the state where you wish to search. If this option is available, you will see an "English | Español" toggle in the upper right hand corner. Victims and other concerned citizens can also register to be notified by phone, email, text message (SMS) or TTY device when an offender's custody status changes. Users can also register through their participating state or county toll-free number.

Virginia numbers:

VINE Service Number: (800) 467-4943

TTY: (866) 847-1298

Prison Rape Elimination Act (PREA)

In accordance with the Department of Justice and The Prison Rape Elimination Act (PREA) passed in 2003, the Rappahannock Regional Jail has a zero tolerance policy for sexual assault or harassment. The intent of PREA is to encompass all detention centers, jails, and prisons as well as community corrections programs under the unfunded federal mandate. The purpose of the act was to "provide for the analysis of the incidence and effects of prison rape in Federal, State, and local institutions and to provide information, resources, recommendations and funding to protect individuals from prison rape" (Prison Rape Elimination Act, 2003). Once fully implemented, PREA will: establish national standards for the detection, reduction, prevention, and punishment of prison rape; provide for data collection and information dissemination on the incidence of prison rape; and provide training, technical assistance and grant funding to assist states and localities to reduce and prevent the incidence of sexual violence.

Crisis Intervention Team (CIT)

The Rappahannock Area Crisis Intervention Team began in 2009. CIT provides a foundation to help promote community and statewide solutions to assist individuals with a mental illness. The CIT model reduces stigma and the need for additional involvement with the criminal justice system. A few of the goals of the crisis intervention team programs are as follows:

- ❖ Affording persons with mental illness, substance abuse problems, or both, a sense of dignity in the crisis situation,
- ❖ Reducing the likelihood of physical confrontations,
- ❖ Decreasing arrests and use of force,
- ❖ Identifying underserved populations with mental illness, substance abuse problems, or both, and linking them to appropriate care,
- ❖ Proving support and assistance for mental health treatment professionals.

Since its inception, the local CIT program has been beneficial to staff of the jail in recognition of and de-escalation techniques for those who have MH needs. All CIT certified staff are hand selected from target areas of the facility that routinely deal with those with MH issues. We have observed great success with this program over the years.

Kelly P. Hale
Director of Programs and Community Corrections
Rappahannock Regional Jail
PO Box 3300
Stafford, VA 22555
(540) 288-5204