

Rappahannock Regional Jail

Annual Report for Fiscal Year 2020

July 1, 2019 – June 30, 2020

The Rappahannock Regional Jail serves the City of Fredericksburg and the counties of King George, Spotsylvania, and Stafford







Jail Update

The Rappahannock Regional Jail employs 304 full-time and 14 part-time staff. The operating budget for July 1, 2019, through June 30, 2020, was \$37,179,615.00.

This past July 2020, the Jail marked its 20th anniversary in Stafford County. In 2000, the Jail originally opened with a population of 474 inmates. The total rated capacity for the Rappahannock Regional Jail is 1,836. On June 30, 2020, the Jail's population was 1,087.

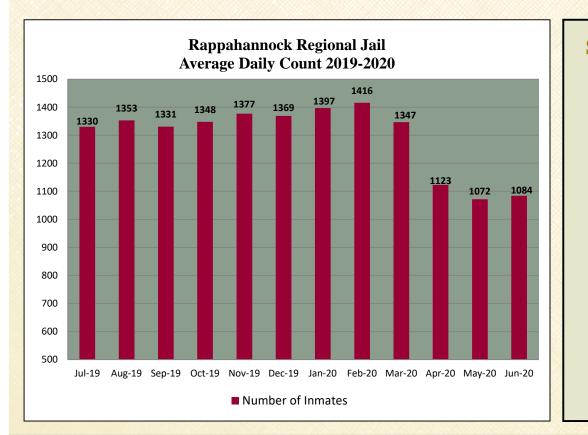
The Jail continues contracts with the Federal Bureau of Prisons, U.S. Marshal's Service, and the United States Marine Corps. These contracts generate revenue that supplements the Jail's operating budget.

Video Arraignment

Video Arraignment is available for all courts served by the Rappahannock Regional Jail. The average number of video arraignments conducted per month is 388.

Intake/Release

During this reporting period, there have been a total of 10,239 bookings and 10,474 releases.



Special Points of Interest

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INMATE SERVICES AND PROGRAMS

LAW LIBRARY

The Rappahannock Regional Jail provides an extensive Law Library for the inmate population that is completely automated. As of July 1, 2020, we were able to expand this resource so that inmates are able to access the same legal materials on their tablets.

EDUCATION PROGRAM

The school program is an official site under the Regional Adult Education Program for Planning District sixteen (16). The Inmate Services Manager serves as a member of the Regional Adult Education Advisory Board. The Regional Jail offers adult basic education classes so that inmates may receive a General Equivalency Diploma (GED) during their incarceration. Adult Basic Education (ABE) has plans to integrate a post-release educational program with the Rappahannock Area Regional Adult Education (RARAE) or other post-secondary institutions. They will be assisting incarcerated individuals in identifying and applying for participation in post-release programs. The new plan includes direct outreach to community-based program providers on behalf of re-entering individuals. The GED test is administered at the facility as well as the Special Education Adult Diploma Program. The Special Education program is provided through the Stafford County School Board and allows those inmates with special needs who only require a few credits to complete their education to receive a diploma from their original high school.

RELIGIOUS PROGRAMS

Chaplains work with Programs staff to coordinate religious programming and are also available to the inmate population in crisis situations. Bible Study, Islamic Studies (when a volunteer Imam is available), and Christian church services are available. Members of local Catholic Churches conduct a study of the Rosary and Mass is available periodically. Each inmate may request a visit from clergy of their own faith.

INMATE COMMISSARY

The Commissary operations are contracted through Oasis Commissary Services. Inmates with funds in an inmate account may purchase items such as candy, snacks, stationery, and personal hygiene items weekly. Inmates may have this privilege suspended due to misconduct. Indigent inmates are given a kit weekly that contains hygiene and stationery items.

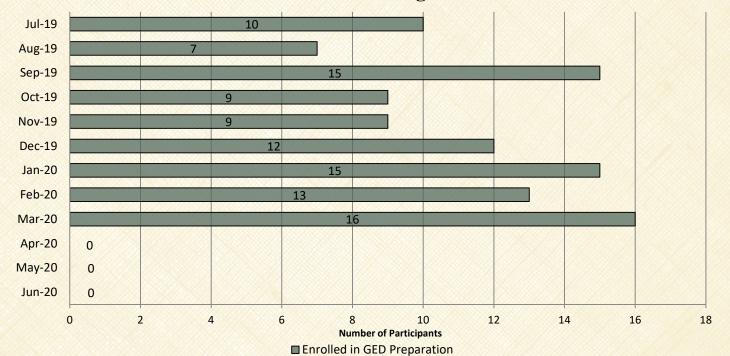
FOOD SERVICES

Summit provides the food service for the facility. The Food Service Department provides meals three (3) times a day. A certified dietician for caloric and nutritional requirements evaluates the menus annually. Special diets are prepared and served for medical and religious reasons.

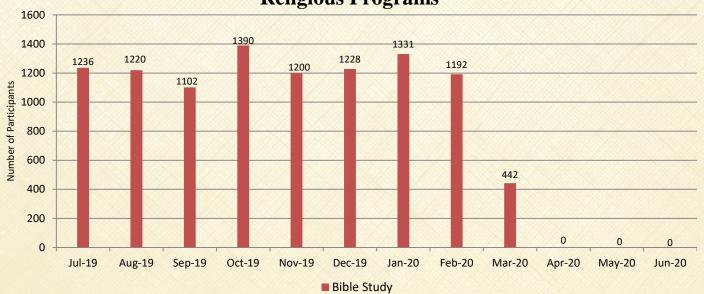
VOLUNTEERS

When not in a pandemic, there are approximately one hundred and eighty-one (181) volunteers delivering programs to the inmate population. These include church services, Bible study, Spanish Language Bible study, Islamic Studies (when a volunteer Imam is available), Jehovah's Witnesses, Rosary services, Alcoholic Anonymous, Narcotics Anonymous, Life Skills, and Parenting Group. All volunteers must receive training in security procedures and policy from the Inmate Services Manager prior to working with the offender population. Pen Pal Programs through local religious groups are also initiated as needed. Pen Pals have to undergo the same screening procedures as the other volunteers.

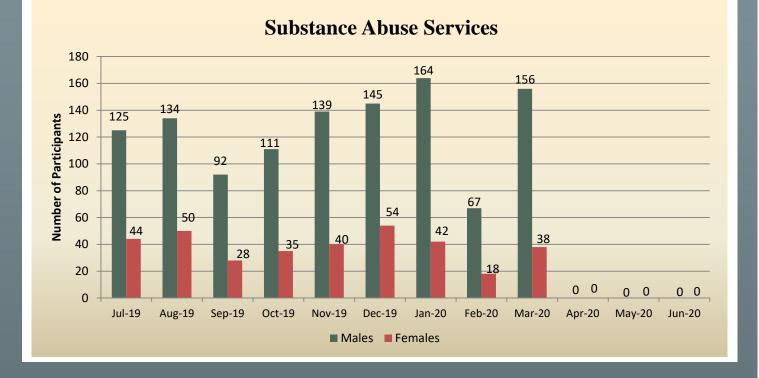


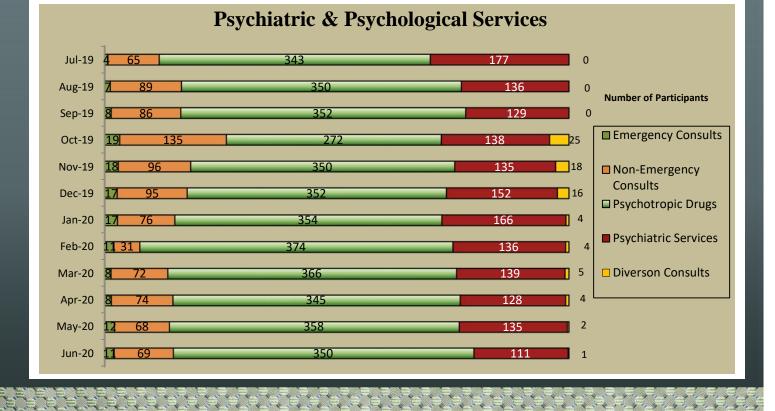


Educational Programs



Religious Programs







Inmate Medical and Dental Services

The Medical Department is available to provide routine health care services and emergency services twenty-four (24) hours a day seven (7) days a week. The Rappahannock Regional Jail has contracted with a medical group that includes the services of Physicians and Physician Assistants who conduct routine sick call visits several times a week. The medical group recommends appropriate referrals to outside specialists as indicated. Coordination with outside health care providers is the responsibility of the medical staff. All pregnant inmates receive prenatal care through the Stafford Health Department. The delivery of newborns for pregnant inmates takes place at Mary Washington Hospital or Stafford Hospital. An arrangement for the appropriate care of the newborn is coordinated by jail case managers, social services, inmates who complete a Notarized Temporary Custodial Agreement, the hospital staff, and the inmate's family. The Rappahannock Regional Jail continues to require inmates with financial means to participate in the Co-Pay for Medical Services Program.

Dental Services are provided by a dentist on contract with the medical group as listed above. Dental care is provided for inmates incarcerated at the Rappahannock Regional Jail. Routine dental care is defined as the physical examination, diagnosis, and treatment of diseases, malformations, and injuries to teeth, gums, and related structures upon request. We have added a dentist that comes in two (2) days a month for basic extractions minimizing the need for the high volume of outside appointments. The dentists make referrals to an outside Oral Surgeon when deemed necessary.

Substance Abuse and Mental Health Services

The Rappahannock Area Community Services Board (RACSB) contracts with the jail to provide a multidisciplinary team of professionals to meet the needs of incarcerated individuals who struggle with mental health and/or substance use disorders. The team includes two (2) Substance Abuse Therapists, two (2) Mental Health Therapists, one (1) Mental Health Case Manager, sixteen (16) hours of tele-psychiatry with a prescribing Mental Health Nurse Practitioner, a Diversion Therapist, and a Diversion Case Manager. The Substance Abuse Therapists provide biweekly group therapy, individual therapy, discharge planning, and requested substance abuse evaluations. Since the pandemic, the therapists have not been able to provided group therapy. The focus of treatment has included: individual brief therapy, resource connection, discharge planning, and completion of assessments for inpatient treatment and/or Medication-Assisted Treatment (MAT) an outpatient program in the community. The RACSB recently received a grant funded position within the MAT program that included a full-time Peer Support Specialist to be housed at the jail. The peer specialist works with individuals who are in need of support services in addition to discharge planning and resource connection. One (1) of the Mental Health Therapists provides services to individuals who are in crisis while incarcerated in order to assess for risk and safety, and determine a plan for continued support while remaining incarcerated. The Mental Health Therapist positions respond to incarcerated individuals to provide brief intervention therapy. The Mental Health Case Manager provides support and coordination to those who need medication management while incarcerated. The Case Manager handles weekly telepsychiatry by coordinating with the medical team at the jail as well as with Mental Health Nurse Practitioners from the RACSB, in addition to discharge planning and connection to community resources upon release for continuation of care. The Diversion Team includes both a therapist and a case manager. The Diversion program is partly funded by a grant provided by the Department of Behavioral Health and Disability Services (DBHDS) to provide services to the seriously mentally ill population that become incarcerated as well as working collaboratively identifying individuals in jail prior to sentencing to support efforts with diversion from incarceration to mental health services in the community. The Diversion team works with community members to include: defense attorneys, prosecutors, pretrial services, probation/parole, family members, and treatment providers. The Diversion Team develops discharge plans to assist in identifying community resources upon release. Prior to the start of the pandemic, the jail continued to have both yoga and a men's relaxation/medication group. These groups continued to be of interest to the individuals housed in the jail. The Mental Health/Substance Abuse Team is managed by an RACSB Coordinator that provides management of each program, provides clinical support to individuals in the jail, including brief intervention therapy, case management, and crisis response. The Team works to meet the needs of all individuals and coordinates with outside providers in the community to provide specialized support based on need.



COMMUNITY CORRECTIONS PROGRAMS

GRANT FUNDING

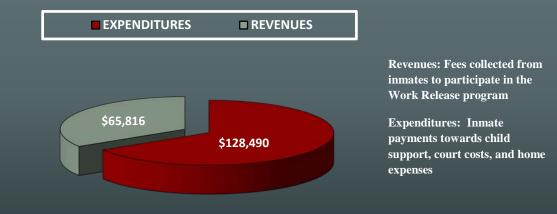
Current funding from outside sources (other than local matching funds) for programs and activities are listed below. These funds total over \$1,374,116.

- \$964,116 from the Department of Criminal Justice Services, to staff and support Community Based Probation and Pretrial Services.
- > \$240,000 is received from the Supreme Court of Virginia for the Adult Drug Treatment Court.
- > \$170,000 is received from the Supreme Court of Virginia to support the Juvenile Drug Treatment Court.

WORK RELEASE

The Rappahannock Regional Jail Community Corrections Center implemented the Work Release Program in October 2000. This program allows non-violent offenders the opportunity to maintain their employment, or if unemployed, assists them in obtaining employment in the community. Paychecks are sent directly to Work Release staff to make payments on behalf of the offender for child support, court costs, restitution, incarceration fees, and other reasonable expenses and obligations. All participants are closely supervised to ensure that court-ordered and program conditions are strictly enforced. Offenders are also offered programs emphasizing transition to the community, release preparation, and linkage to community-based services. Unfortunately, like so many programs, Work Release was suspended due to the pandemic.

We look forward to the Work Release Program again being very successful for referred individuals who have chosen to take advantage of the program's offerings. The individuals who wish not to follow the program rules complete their sentences within the general population of the Jail. The participants are randomly drug/alcohol tested upon return from work and randomly checked at their job sites by staff.

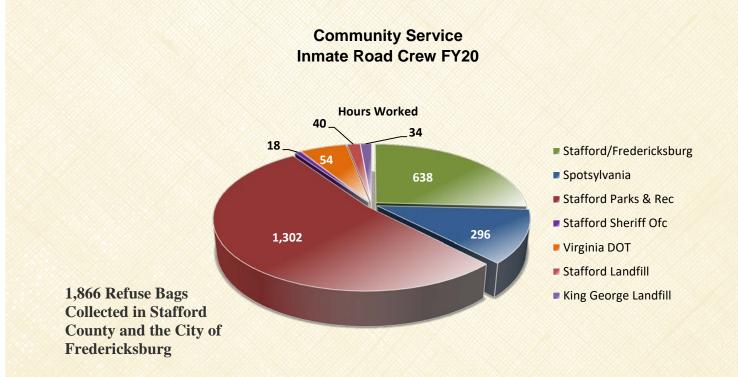




WORK RELEASE PROGRAM & LOCAL COMMUNITY PROJECTS

The Work Release Program charges inmates \$15.00 a day for each day they leave the facility for employment. The Work Release program has open contracts with many local businesses.

The Jail has agreements with the Counties of Stafford, Spotsylvania, King George, the City of Fredericksburg, Stafford County Parks and Recreation, and the Stafford Sheriff's Office to utilize inmate labor for trash details on local roadways. Each year, workers assist with community projects such as the Relay for Life and DARE. Eligible non-violent inmates who reside in the Community Corrections Center volunteer for the community service projects.



ELECTRONIC MONITORING PROGRAM

The Electronic Monitoring Program is an optional sentencing program that allows non-violent, low-risk offenders to serve their sentences in their homes while being monitored by computer, telecommunications, and GPS technology. Electronic monitoring of offenders is supervised via staff visits to the home, telephone contact by staff, office visits, job site checks, and drug and/or alcohol screening. Participants are required to pay a supervision fee of \$20 per day to participate in the program.



PRETRIAL SERVICES

The Rappahannock Regional Jail continues to operate Pretrial Services, which provides release and supervision recommendations to Judicial Officers, crucial to public safety. The current COVID-19 pandemic has required Pretrial Services to adapt to meet the needs of our courts and community. The program utilizes the Virginia Pretrial Risk Assessment (VPRAI) and the PRAXIS, two validated risk assessment tools that have been determined to be race and gender neutral. If released into the program, special conditions ordered by the court and program standards determine a defendant's level of supervision. The program's objectives are to enhance judicial decision-making, assure appearance in court, and address any known public safety issues. The program also assists with the screening process for candidates of the Rappahannock Regional Drug Treatment Court.



Pretrial Services Average Daily Count 2019-2020 200 300 500 900 1000 0 Jul-19 654 Aug-19 652 Sep-19 662 Oct-19 665 Nov-19 679 Dec-19 685 Jan-20 679 Feb-20 680 Mar-20 754 Apr-20 829 May-20 876 Jun-20 916

Number of Participants

Pretrial Services Annual Statistics July 1, 2019 through June 30, 2020

The Rappahannock Regional Jail Pretrial Services was established in 1991. The purpose of pretrial is to find the least restrictive, non-financially supported, and less discriminatory means of pretrial release, while addressing public safety and mitigating a defendant's risk of failing to appear and arrest for a new offense. We serve the Counties of Stafford, Spotsylvania, and King George, and the City of Fredericksburg.

Interviews Conducted by Pretrial Services

 $\Rightarrow Defendants charged with a Misdemeanor - 1,322$ $\Rightarrow Defendants charged with a Felony - 2,501$

Virginia Pretrial Risk Assessment Instrument

The General Assembly mandated, as a part of the Pretrial Services Act, that the Virginia Department of Criminal Justice Services "...shall develop risk assessment and other instruments to be used by pretrial services agencies in assisting judicial officers in discharging their duties pursuant to Article 1 (§ 19.2–119 et seq.) of Chapter 9 of the Code of Virginia (Code of Virginia §19.2-152.3)." A pretrial risk assessment instrument is used to identify a defendant's risk of failure (failure to appear for a scheduled court appearance and arrest for a new offense) if released pending trial. The instrument utilizes eight risk factors to accurately predict both the risk of failure to appear and arrest, regardless of sex, race, and income.

Risk Assessment Instruments Completed by Pretrial Services

 \Rightarrow Rappahannock Regional Jail Defendants charged with a Misdemeanor – 1,236

95% Court appearance rate

 \Rightarrow Rappahannock Regional Jail Defendants charged with a Felony – 2,395

95% Court appearance rate



Rappahannock Regional Veterans Docket



The Rappahannock Regional Veterans Docket (RRVD) expanded this summer from only serving the County of Spotsylvania to now include King George and Stafford as well as the City of Fredericksburg. Community leaders and the local criminal justice system recognized a need for specialized services for Veterans facing criminal charges, as the Fredericksburg area has one of the fastest growing Veterans population in the country. Judges, police officers, prosecutors, probation officers, defense attorneys, treatment professionals, and jail staff noticed a sharp increase in Veterans with post-traumatic stress disorder and substance abuse problems related to their military service becoming involved in the criminal justice system. The RRVD is working to address this growing problem by providing specialized services and treatment to justice-involved Veterans.

The awaiting trial population at the Rappahannock Regional Jail is screened for eligible participants by our Community-Based Probation Officer. Attorneys may contact the Community-Based Probation Officer if their client is interested in being evaluated for eligibility. Once identified, the eligible participant is assessed by Rappahannock Area Community Services Board staff assigned to Specialty Dockets.

Local Veteran Peer Mentors give of themselves and their time to be there for their brothers and sisters of service. Justice for Vets provides training to Mentors with the motto *Leave No Veteran Behind*. The Veteran Peer Mentors meet with the participants for lunch, dinner, often provide a listening ear, and guidance to the participants as they encounter struggles in treatment with Post-Traumatic Stress Disorder or barriers to healthy coping skills.

Pictured below, Local Stakeholders met with Rep. House Minority Whip, Steve Scalise and Rep. Rob Wittman to discuss support for the Veterans Treatment Coordination Act of 2019. The bipartisan bill was signed by the President of the United States on August 20, 2020. The passage of this Public Law directs DOJ to develop a section to provide grants and technical assistance for Veterans Treatment Courts.

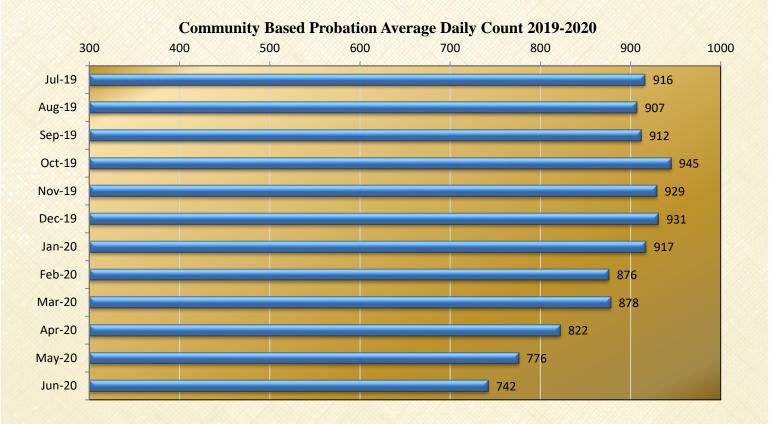


Below, the Rappahannock Regional Veterans Docket Judge, the Honorable Ricardo Rigual congratulates the most recent graduate for his completion of the program. The Veterans docket team provides mentorship, mental health services, substance abuse services, a direct link to veteran specific services, and consistent support to the participants.



Community-Based Probation FY2020

Community-Based Probation has continued to provide supervision services throughout the pandemic to all locally responsible offenders both misdemeanants and non-violent felons. We have provided supervised probation to all of the courts in our catchment area. Some changes to our placements have been noticed with the de-criminalization of marijuana. While we no longer receive these cases, it is still an appropriate placement for CBP to supervise first offender Possession of Schedule I and II drug offenses. Changes to the *Code of Virginia* on July 1, 2020, made first offender status a statutory option for Larceny cases. CBP is in a good position to supervise community service work and referrals to Shoplifter's Alternative Class. In Spotsylvania, we also have the SLATE program which was specifically designed for these shoplifting cases.



Number of Participants

Number of Participants

Spotsylvania Litter and Trash Elimination

FY-2020 Number of defendants placed in SLATE - 53 Successful SLATE CBP closure rate - 91% Community Service Work hours (YTD) - 1,801



From March 23, 2020 - June 17, 2020, SLATE was not taking placements to protect public safety due to COVID - 19. SLATE was one of the first community service worksites to open up safely during the pandemic. The workers wear masks and keep a distance of ten (10) feet while working on the roadside cleaning up the county roads. At the minimum wage of \$7.25 an hour, this translates into over \$13,057.25 worth of labor provided back to Spotsylvania County during a time of hardship due to the pandemic.

SLATE gives first time offenders a chance to have a criminal charge dismissed. The participant's case is continued for six (6) months and they must perform fifty (50) hours of Community Service Work to be monitored by their Community-Based Probation Officer at the Rappahannock Regional Jail. The work consists of trash pick-up in Spotsylvania County as the participants are assigned to the Spotsylvania County Litter work crews to perform their hours. Thus, the program is named SLATE (Spotsylvania Litter and Trash Elimination) Program. It offers the participant a chance to "wipe their slate clean" of a criminal conviction.

Community Based Probation (CBP)

Annual Statistics July 1, 2019 through June 30, 2020

- \Rightarrow Placements on supervision 931 misdemeanors 26 non-violent Felons
- \Rightarrow Successful Outcome Rate 76% for misdemeanors 58% for Felons

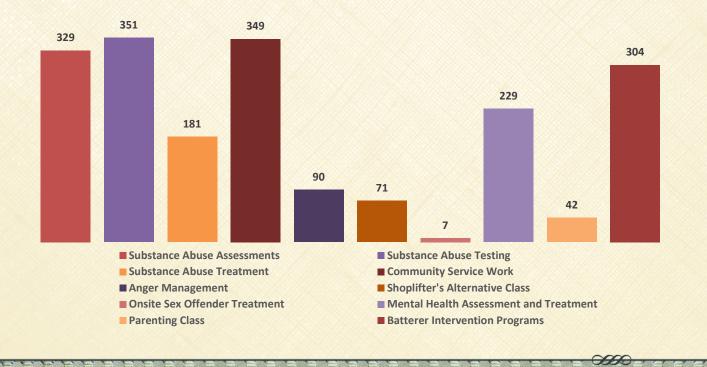
Over **\$224,878.13** was put back into our local community through the payment of restitution to local victims, facilitation of payment of court costs and fines, and community service work performed based on minimum wage

- \Rightarrow \$63,359.26 in court costs and fines have been facilitated/collected
- \Rightarrow \$39,843.24 in restitution has been paid back to local victims
- \Rightarrow 12,424.5 hours of community service work (\$90,077.63 based on minimum wage)

CBP and Domestic Violence during the Pandemic

Since the onset of the COVID-19 pandemic, Community-Based Probation (CBP) has seen a sharp increase in arrests for Domestic Violence offenses. As a result of this, since the Courts have reopened, CBP has also seen a large surge in Domestic Violence cases being referred for supervision and these cases have been the primary source of new placements in the recent months. CBP continues to provide supervision and support to these clients at a time of unprecedented challenges from both an economic and safety perspective. CBP also continues to work closely with our local courts, Victim Witness Agencies, and Commonwealth's Attorney's to provide appropriate services and referrals that best address the needs of Domestic Violence offenders in an effort to reduce recidivism and provide victim safety.

In May 2018, a Domestic Violence Docket was established in the Stafford Juvenile and Domestic Relations Court. This docket was created to increase compliance and expedite entry into a Batterer's Intervention Program. This Docket continues to take place on a monthly basis and provides an opportunity for CBP to address any noncompliance issues in an attempt to bring the clients back into compliance. CBP works closely with the court and Commonwealth's Attorney's office on these docketed cases in an effort to promote victim safety and compliance with completion of court ordered programs.



Community-Based Probation Testing, Education, and Treatment FY2020

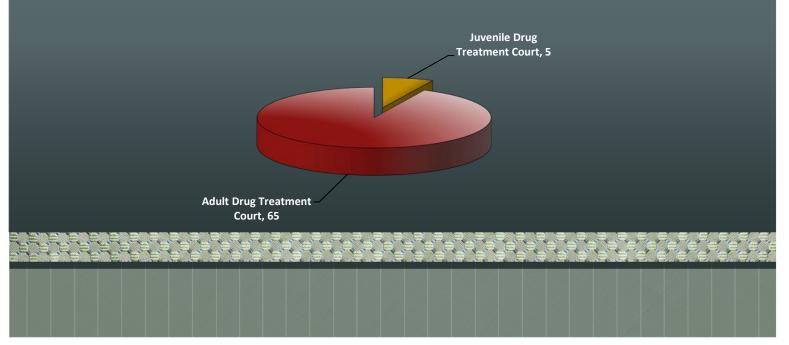
RAPPAHANNOCK REGIONAL ADULT & JUVENILE DRUG TREATMENT COURT

Drug Court is a cooperative effort between the courts, the offices of the Commonwealth's Attorney's, the Public Defender's office, Adult and Juvenile Probation, the Rappahannock Area Community Services Board, and the Rappahannock Regional Jail. The Drug Treatment Court uses a team approach to provide substance abuse treatment to offenders with intensive oversight and monitoring by the Court. Judge Gordon F. Willis presides over the adult program and is involved weekly in the reinforcement of sanctions and incentives for program participants with input from collaborating program staff. Judge Joseph A. Vance, IV presides over the juvenile program. The Rappahannock Regional Adult and Juvenile Drug Treatment Court programs are able to provide services for ninety (90) adults and twenty (20) juveniles each year.

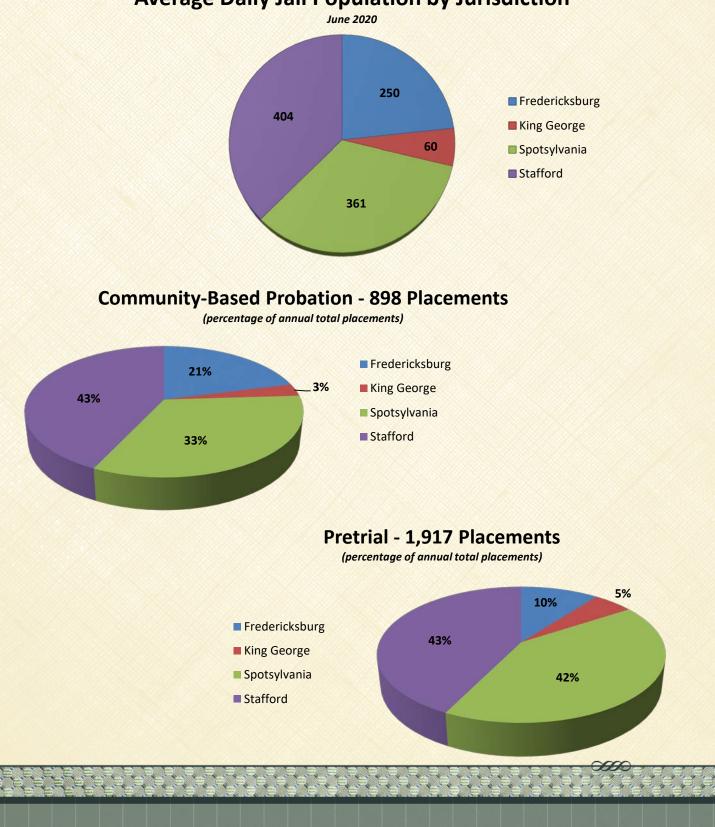
As of June 30, 2020, the Adult Drug Treatment Court program had fifty-two (52) active participants, twenty-one (21) females and thirty-one (31) males. The Phase III component of the program had fifteen (15) participants, Phase II had twenty-one (21) participants, and the Phase I component had sixteen (16) participants. Drug Court has continued to utilize the services of established partnerships such as the Thurman Brisben Center, Goodwill Industries, the Department of Aging and Rehabilitative Services, and Project Link, in addition to intensive outpatient, residential, and detoxification treatment services.

The Juvenile Drug Treatment Court program has continued to strive towards achieving all of the goals and objectives set for the period ending June 30, 2020, by providing a range of intensive services for juvenile offenders with substance abuse needs. The juvenile and their families are provided intensive outpatient treatment, individual and family counseling, which also includes in-home services. Treatment modalities concentrate on evidence-based practices that focus on cognitively changing problematic behaviors. Juveniles are required to be involved in educational programs or employment if educational goals have been completed. Partnerships have been formed with other community agencies to address additional needs such as mentoring, psychiatric services, and group home placement. As of June 30, 2020, the program had three (3) active participants, one (1) female and two (2) males. The Phase III component of the program had one (1) participant, Phase II had one (1) participant, and the Phase I component had one (1) participant.

Adult and Juvenile Drug Court Participants 2019-2020 Daily Average



Average Daily Jail Population by Jurisdiction





Victim Information and Notification Everyday (VINE)

VINELink is the online version of VINE (Victim Information and Notification Everyday), the National Victim Notification Network. This service allows crime victims to obtain timely and reliable information about criminal cases and the custody status of offenders twenty-four (24) hours a day. Some states have the ability to display this website in Spanish. Please click on the state where you wish to search. If this option is available, you will see an "English | Español" toggle in the upper right hand corner. Victims and other concerned citizens can also register to be notified by phone, email, text message (SMS) or TTY device when an offender's custody status changes. Users can also register through their participating state or county toll-free number.

Virginia numbers: VINE Service Number: (800) 467-4943 TTY: (866) 847-1298

Prison Rape Elimination Act (PREA)

The Rappahannock Regional Jail (RRJ) has a zero-tolerance policy for sexual abuse or harassment and makes prevention a top priority. The Prison Rape Elimination Act (PREA) of 2003 is a federal law that seeks to eliminate sexual abuse and harassment. This law applies to all federal and state prisons, jails, police lock-ups, private facilities, juvenile facilities, and community corrections programs. The new standards were published in May 2012 - RRJ policies prohibit any form of sexual activity, including sexual harassment. Once fully implemented, PREA will: establish national standards for the detection, reduction, prevention, and punishment of prison rape; provide for data collection and information dissemination on the incidence of prison rape; and provide training, technical assistance and grant funding to assist states and localities to reduce and prevent the incidence of sexual violence.

Crisis Intervention Team (CIT)

The Rappahannock Area Crisis Intervention Team began in 2009. CIT provides a foundation to help promote community and statewide solutions to assist individuals with a mental illness. The CIT model reduces stigma and the need for additional involvement with the criminal justice system. A few of the goals of the crisis intervention team programs are as follows:

- Affording persons with mental illness, substance abuse problems, or both, a sense of dignity in the crisis situation,
- Reducing the likelihood of physical confrontations,
- ✤ Decreasing arrests and use of force,
- Identifying underserved populations with mental illness, substance abuse problems, or both, and linking them to appropriate care,
- Proving support and assistance for mental health treatment professionals.

Since its inception, the local CIT program has been beneficial to staff of the jail in recognition of and de-escalation techniques for those who have MH needs. All CIT certified staff are hand selected from target areas of the facility that routinely deal with those with MH issues. We have observed great success with this program over the years.

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