

Rappahannock Regional Jail

Annual Report for Fiscal Year 2023
July 1, 2022– June 30, 2023

The Rappahannock Regional Jail serves the
City of Fredericksburg
and the counties of
King George, Spotsylvania, and Stafford



Jail Update

The Rappahannock Regional Jail employs 275 full-time and 18 part-time staff. The operating budget for July 1, 2022, through June 30, 2023, was \$43,399,755.00.

This past July 2023, the Jail marked its 23rd anniversary in Stafford County. In 2000, the Jail originally opened with a population of 474 inmates. The total rated capacity for the Rappahannock Regional Jail is 1,836. On June 30, 2023, the Jail's population was 961.

The Jail continues contracts with the Federal Bureau of Prisons, U.S. Marshal's Service, and the United States Marine Corps.

Video Arraignment

Video Arraignment is available for all courts served by the Rappahannock Regional Jail. The average number of video arraignments conducted per month is 460.

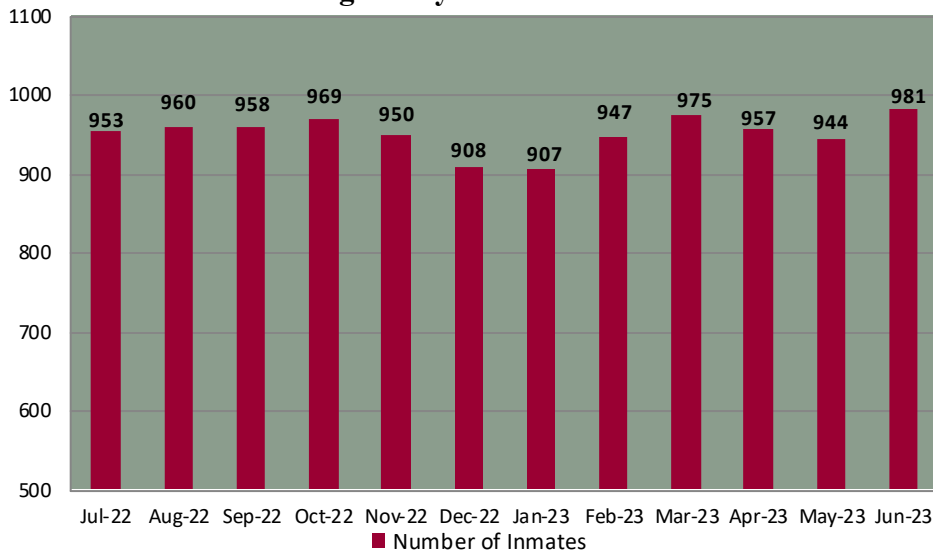
Intake/Release

During this reporting period, there have been a total of 9,348 bookings and 9,301 releases.

Special Points of Interest

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**Rappahannock Regional Jail
Average Daily Count 2022-2023**



INMATE SERVICES AND PROGRAMS

LAW LIBRARY

The Rappahannock Regional Jail provides an extensive Law Library for the inmate population that is completely automated. As of July 1, 2020, we were able to expand this resource so that inmates are able to access the same legal materials on their tablets.

INMATE TABLET: FREE RELIGIOUS AND PERSONAL WELLNESS PROGRAMS

The Rappahannock Regional Jail's Inmate Tablet vendor, GTL, provides free wellness programming for inmates; the following topics are included: Creating a Healthier Life, The Eight Dimensions of Wellness, Emotional, Physical and Environmental Wellness Checklists, The Six Dimensions of Wellness Model, and America's Plan for Better Health and Wellness. As for religious programming, GTL provides local and worldwide religious sites. They were added as icons on the tablets so that inmates can easily locate their preferred religious programs to be viewed at the inmates' leisure. The availability of most religions can now be found as a free service for all inmates. To provide an understanding of what religious textbooks were included, please note the following: Protestant/Catholic Bible (several translations), the Latter Day Saints, Book of Mormon, the Jewish Torah and Talmud (various translations), the Muslim Quran (various translations), the Hindu Bhagavad Gita, the Buddhist Dhammapada Sutra, the Jehovah's Witness New World Translation of the Holy Scriptures, the Poetic Edda, the Holy Piby, the Runes, the Norse Havamal, and the Orthodox Study Bible (New, Old and End Notes I-IV). Additional religious texts are also available for most of the religions mentioned, as well as local taped church services of various denominations.

INMATE COMMISSARY

The Commissary operations are contracted through Oasis Commissary Services. Inmates with funds in their inmate account may purchase products such as candy, snacks, stationery, and personal hygiene items. Indigent inmates are given a kit weekly that contains hygiene and stationary items.

FOOD SERVICES

Summit provides the food service for the facility. The Food Service Department prepares meals three (3) times a day. A certified dietician for calorie and nutritional requirements evaluates the menus annually. Special diets are prepared and served for medical and religious reasons. Summit also provides the Outside Inside Connection where an inmate's friends and family can use a web-based program to purchase a special meal or gift basket.

VOLUNTEERS

We currently have 66 (sixty-six) active volunteers providing programs to the inmate population. These include church services, Bible Study, Spanish Language Bible Study, Islamic Studies (when a volunteer Imam is available), Jehovah's Witnesses, and Rosary services as need arises. Additionally, inmates may request a Professional Clergy visit with their personal faith. Alcoholic Anonymous, Narcotics Anonymous, and a Parenting Group provided through Stafford County Social Services are also available. There are Pen Pal Programs through local religious groups initiated as requested. Those that request to be Pen Pals undergo background checks like all volunteers that are processed.

EDUCATION PROGRAMS

The school program is an official site under the Regional Adult Education Program for Planning District 16. The Inmate Services Manager serves as a member of the Regional Adult Education Advisory Board. The Regional Jail offers Adult Basic Education classes during inmates' incarceration. In addition, Special Education provided through the Stafford County School Board allows inmates with verified special needs to complete their education and receive a diploma from their original high school.

Inmate Medical and Dental Services

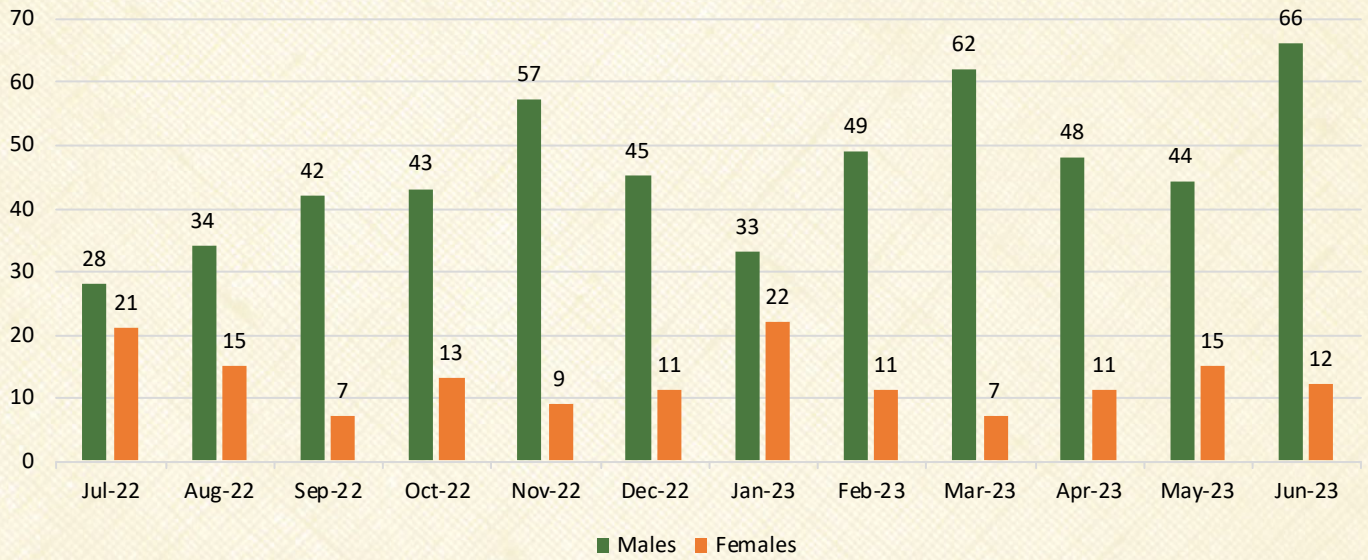
The Medical Department is available to provide routine health care services and emergency services twenty-four (24) hours a day seven (7) days a week. The Rappahannock Regional Jail has contracted with a medical group that includes the services of Physicians and Physicians Assistants, who conduct routine sick call visits several times a week. The medical group recommends appropriate referrals to outside specialists as indicated. Coordination with outside health care providers is the responsibility of the medical staff. All pregnant inmates receive prenatal care through Mary Washington Obstetrics and Gynecology. The delivery of newborns for pregnant inmates takes place at Mary Washington or Stafford Hospital. An arrangement for the appropriate care of the newborn is coordinated by jail case managers, social services, inmates who complete a Notarized Temporary Custodial Agreement, the hospital staff, and the inmate's family. The Rappahannock Regional Jail continues to require inmates with financial means to participate in the Co-Pay for the Medical Services Program.

Dental services are provided by a dentist on contract with the medical group as listed above. Dental care is provided for inmates incarcerated at the Rappahannock Regional Jail. Routine dental care is defined as the physical examination, diagnosis, and treatment of diseases, malformations, and injuries to teeth, gums, and related structures upon request. The ability to have a dentist that performs basic extractions minimizes the need for the high volume of outside appointments. The dentist makes referrals to an outside Oral Surgeon when deemed necessary.

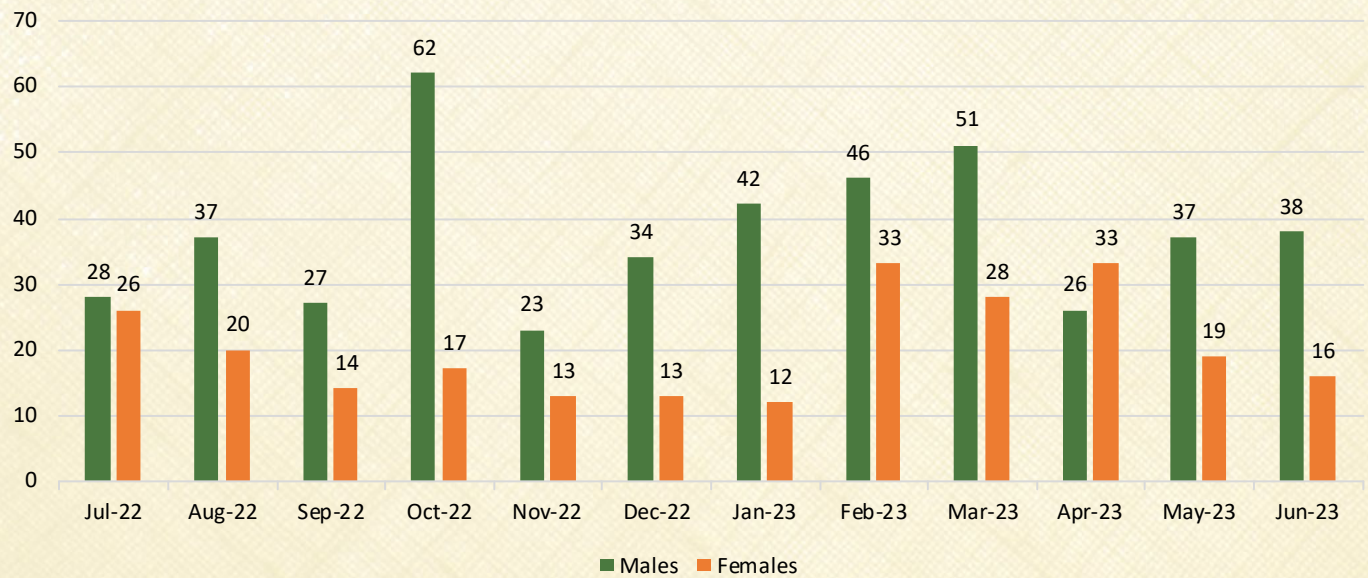
Substance Abuse and Mental Health Services

The Rappahannock Area Community Services Board (RACSB) contracts with the jail to provide a multidisciplinary team of professionals to meet the needs of incarcerated individuals who struggle with mental health and/or substance use disorders. The team includes two (2) Substance Abuse Therapists, one (1) Peer Recovery Specialist, two (2) Mental Health Therapists, one (1) Mental Health Case Manager, sixteen (16) hours of tele-psychiatry with a prescribing Mental Health Nurse Practitioner, a Diversion Therapist, and a Diversion Case Manager. The Substance Abuse Therapists provide biweekly group therapy, individual therapy, discharge planning, and requested substance abuse evaluations. The focus of treatment has included: individual brief therapy, resource connection, discharge planning, and completion of assessments for inpatient treatment and/or Medication-Assisted Treatment (MAT) an outpatient program in the community. The RACSB received a grant funded position within the MAT program that includes a full-time Peer Support Specialist that is housed at the jail. The peer specialist works with individuals who are in need of support services in addition to discharge planning and resource connection. One (1) of the Mental Health Therapists provides services to individuals who are in crisis while incarcerated in order to assess for risk and safety, and determine a plan for continued support while remaining incarcerated. The Mental Health Therapist positions respond to incarcerated individuals to provide brief intervention therapy. The Mental Health Case Manager provides support and coordination to those who need medication management while incarcerated. The Case Manager handles weekly telepsychiatry by coordinating with the medical team at the jail as well as with Mental Health Nurse Practitioners from the RACSB, in addition to discharge planning and connection to community resources upon release for continuation of care. The Diversion Team includes both a therapist and a case manager. The Diversion program is partly funded by a grant provided by the Department of Behavioral Health and Disability Services (DBHDS) to provide services to the seriously mentally ill population that become incarcerated as well as working collaboratively identifying individuals in jail prior to sentencing to support efforts with diversion from incarceration to mental health services in the community. The Diversion team works with community members to include: defense attorneys, prosecutors, pretrial services, probation/parole, family members, and treatment providers. The Diversion Team develops discharge plans to assist in identifying community resources upon release. The Mental Health/Substance Abuse Team is managed by a RACSB Coordinator that provides management of each program, provides clinical support to individuals in the jail, including brief intervention therapy, case management, and crisis response. The team works to meet the needs of all individuals and coordinates with outside providers in the community to provide specialized support based on need.

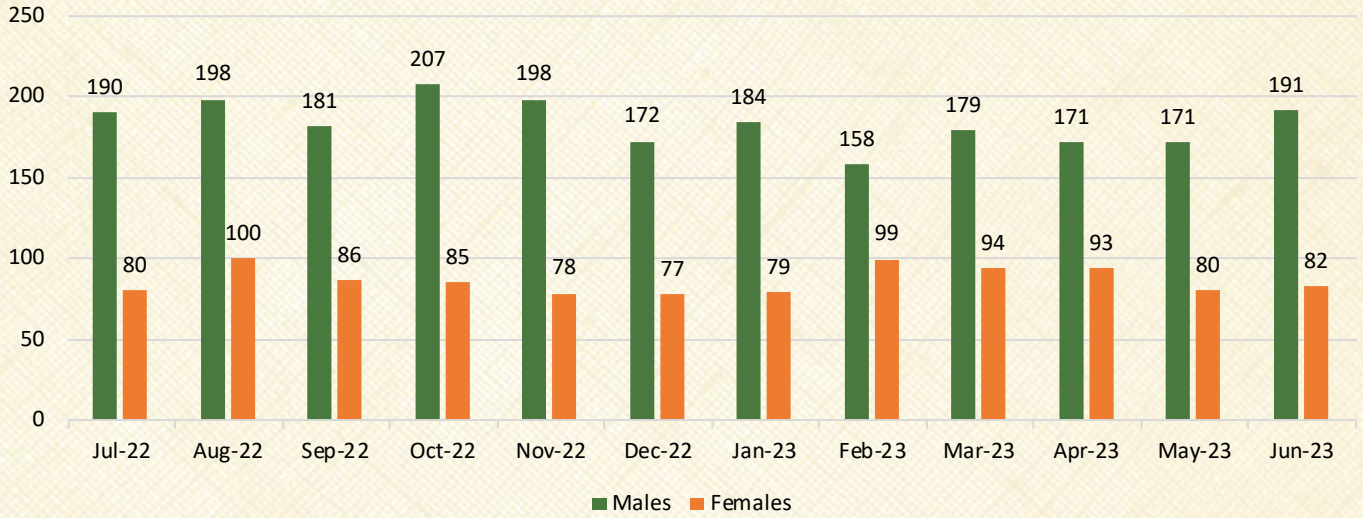
Mental Health Emergency Consults



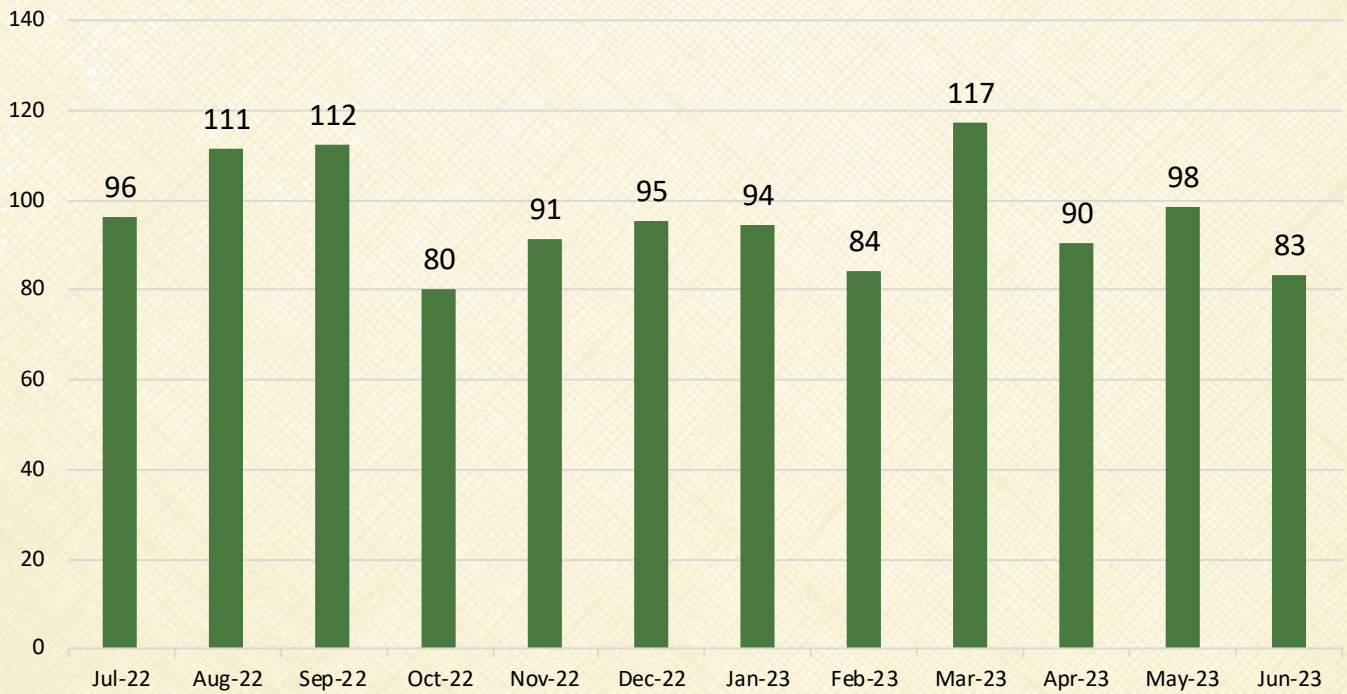
Mental Health Non-Emergency Consults



Number of Inmates on Psychotropic Drugs



Number Receiving Internal Psychiatric Services



COMMUNITY CORRECTIONS PROGRAMS

GRANT FUNDING

Current funding from outside sources (other than local matching funds) for programs and activities are listed below. These funds total over \$1,370,633.00.

\$1,130,633.00 from the Department of Criminal Justice Services, to staff and support Community Based Probation and Pretrial Services.

\$240,000 is received from the Supreme Court of Virginia for the Adult Drug Treatment Court.

WORK RELEASE

The Rappahannock Regional Jail Community Corrections Center implemented the Work Release Program in October, 2000. This program allows non-violent offenders the opportunity to maintain employment, or if unemployed, assists them in obtaining employment in the community. Paychecks are sent directly to Work Release staff to make payments on behalf of the offender for child support, court costs, restitution, incarceration fees, and other reasonable expenses and obligations. The Work Release Program charges inmates \$15.00 a day for each day they leave the facility for employment. The Work Release Program has open contracts with many local businesses. All participants are closely supervised to ensure that court-ordered and program conditions are strictly enforced. Offenders are also offered programs emphasizing transition to the community, release preparation, and linkage to community-based services.

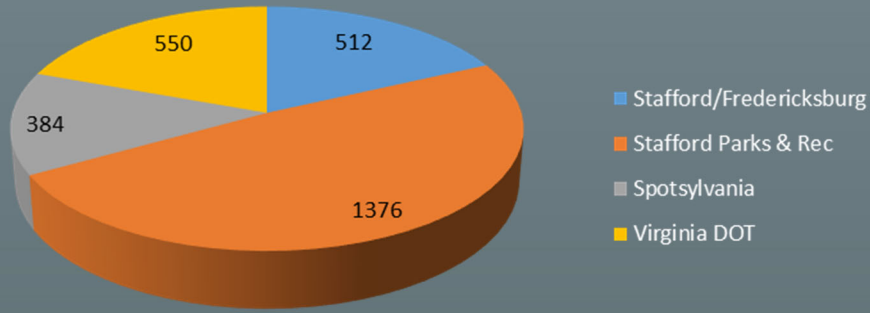
ELECTRONIC MONITORING PROGRAM

The Electronic Monitoring Program is an optional sentencing program that allows non-violent, low-risk offenders to serve their sentences in their homes while being monitored by computer, telecommunications, and GPS technology. Electronic monitoring of offenders is supervised via staff visits to the home, telephone contact, office visits, job site checks, and drug and/or alcohol screening. Participants are required to pay a supervision fee of \$20 per day to participate in the program

INMATE WORKER PROGRAM & LOCAL COMMUNITY PROJECTS

The Jail has agreements with the Counties of Stafford, Spotsylvania, King George, the City of Fredericksburg, Stafford County Parks and Recreation, and the Stafford Sheriff's Office to utilize inmate labor for trash details on local roadways. Each year, workers assist with community projects such as the Relay for Life and DARE. Eligible non-violent inmates, who reside in the Community Corrections Center, volunteer for the community service projects.

Community Service Inmate Road Crew FY23 Hours Worked



2, 098 Refuse Bags Collected in Stafford County and the City of Fredericksburg

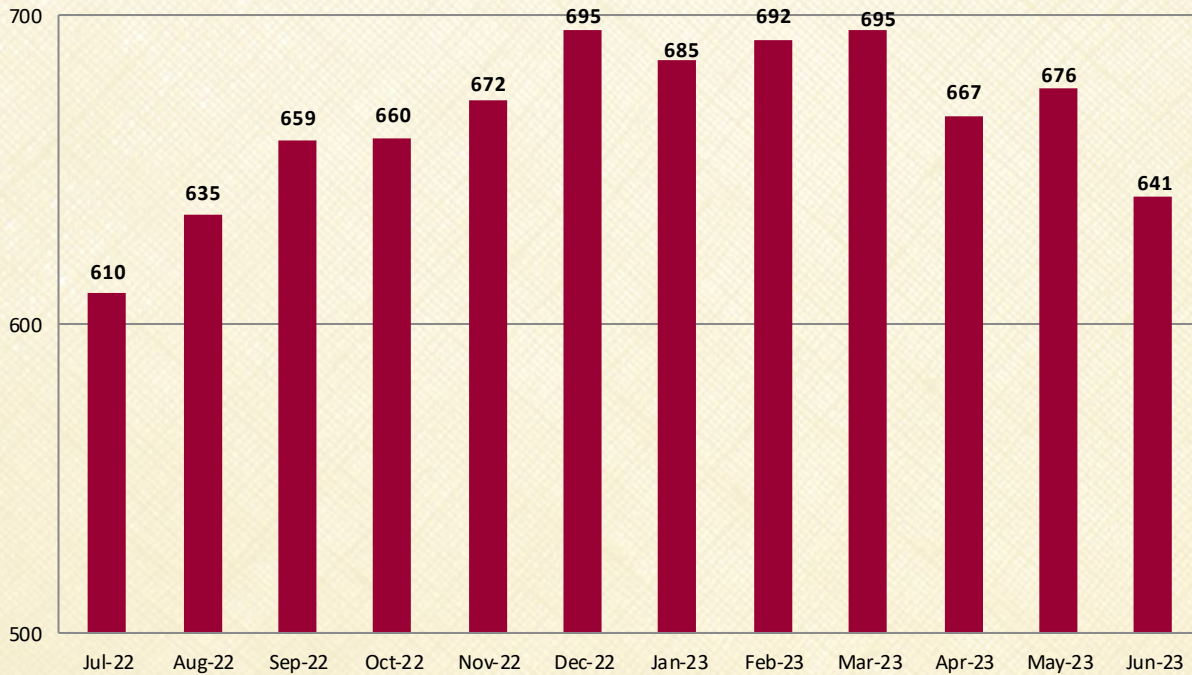


PRETRIAL SERVICES

The Rappahannock Regional Jail continues to operate Pretrial Services, which provides release and supervision recommendations to Judicial Officers, crucial to public safety. The program utilizes the Virginia Pretrial Risk Assessment (VPRAI) and the PRAXIS, two validated risk assessment tools that have been determined to be race and gender neutral. If released into the program, special conditions ordered by the court and, program standards, determine a defendant's level of supervision. The program's objectives are to enhance judicial decision-making, assure appearance in court, and address any known public safety issues. The program also assists with the screening process for candidates of the Rappahannock Regional Drug Treatment Court.



**Pretrial Services
Average Daily Count 2022-2023**



Pretrial Services

Annual Statistics

July 1, 2022 through June 30, 2023

The Rappahannock Regional Jail Pretrial Services was established in 1991. The purpose of Pretrial is to find the most equitable, non-financial release practices, while addressing public safety and mitigating a defendant's risk of failing to appear and arrest for a new offense. We serve the Counties of Stafford, Spotsylvania, and King George, and the City of Fredericksburg.

Interviews Conducted by Pretrial Services

Defendants charged with a Misdemeanor – 1,427

Defendants charged with a Felony – 2,585

Virginia Pretrial Risk Assessment Instrument

The General Assembly mandated, as a part of the Pretrial Services Act, that the Virginia Department of Criminal Justice Services "...shall develop risk assessment and other instruments to be used by pretrial services agencies in assisting judicial officers in discharging their duties pursuant to Article 1 (§ 19.2–119 et seq.) of Chapter 9 of the Code of Virginia (Code of Virginia §19.2-152.3)." A pretrial risk assessment instrument is used to identify a defendant's risk of failure (failure to appear for a scheduled court appearance and arrest for a new offense) if released pending trial. The instrument utilizes eight (8) risk factors to accurately predict both the risk of failure to appear and arrest, regardless of sex, race, and income.

Risk Assessment Instruments Completed by Pretrial Services

Rappahannock Regional Jail Defendants charged with a Misdemeanor – 1,327

92% Court appearance rate

Rappahannock Regional Jail Defendants charged with a Felony – 2,369

92% Court appearance rate

Spotsylvania Behavioral Health Docket



After extensive planning and regular meetings for a year and a half, The Spotsylvania Behavioral Health Docket was approved during FY2023 on November 17, 2022, by the Virginia Behavioral Health Docket Advisory Committee. The project was spearheaded by the Spotsylvania Office of the Commonwealth's Attorney in conjunction with the Presiding Judge William E. Glover of Spotsylvania Circuit Court. Our interdisciplinary team is comprised of representatives from Rappahannock Area Community Services Board, Office of the Public Defender, Micah Ecumenical Ministries, Spotsylvania Commonwealth's Attorney, Mary Washington Healthcare Snowden of Fredericksburg, Magistrate's Office, Spotsylvania Sheriff's Office, Rappahannock Regional Jail and the Judiciary.



Seen Left: Alexandra P. Vakos was presented with a Meritorious Commendation for spearheading implementation of our Behavioral Health Docket.

Seen Right: CBP Probation Officers with the Rappahannock Regional Jail are available twenty-four (24) hours a day seven (7) days a week to provide supervision services to participants in the docket. They are available to participants by phone and text on weekends and after hours to provide assistance when a participant is struggling with decisions on complying with the docket requirements. Often times, the participants just need someone to talk to.



This FY2022 BHD Statistics

Defendants Screened for BHD - 42
 Defendants Evaluated for BHD - 16
 Defendants Placed in the Docket - 13
 Defendants Removed from the Docket due to New Arrest - 1
 Defendants Removed from the Docket due to Technical Non-Compliance - 3
 Defendants Removed for Absconding - 1
 Defendants that were Referred for Housing - 2
 Defendants stabilized on a Medication Management Program - 10





Rappahannock Regional Veterans Treatment Docket



The Rappahannock Regional Veterans Treatment Docket (RRVTD) celebrated its FIVE (5) YEAR Operational Anniversary this August. Our Veterans Docket serves the counties of Spotsylvania, Stafford, King George and the City of Fredericksburg, presided over by The Honorable Ricardo Rigual in the Spotsylvania Circuit Court. The team is comprised of representatives from Rappahannock Regional Jail, the Department of Veterans Affairs, the Virginia Department of Veterans Services, Spotsylvania Sheriff’s Office, Rappahannock Area Community Services Board, Public Defender, Commonwealth’s Attorney for Spotsylvania County and Veteran Mentors Coordinator. For those participants placed into the Veterans Docket, the team surrounds the defendant with services to address Post Traumatic Stress Disorder (PTSD) developed during deployment to combat zones, as well as substance use disorders from Veterans seeking to cope and reintegrating into civilian life.

Local Veterans volunteer their time to provide mentorship to Veterans in the docket. Each participant is assigned a Veteran mentor. The mentors are there to provide support to the veterans through the program with an understanding ear that only another veteran can provide. Like the Veteran mentors, many of the docket team members are Veterans, including the Presiding Judge, the Community-Based Probation Officers, and representatives from the Department of Veterans Affairs, Virginia Department of Veterans Services and the Spotsylvania Sheriff’s Office.

Community-Based Probation Officers conduct screenings of potential participants, followed by approval from the Commonwealth’s Attorney for an evaluation by the Rappahannock Area Community Services Board.

For our second year in a row, our program success rate was 100% with zero terminations during FY2022 and FY2023. Commitment to the program from both participants and staff attributes to the absolute graduation rate.

*Below: Key Officials, Delegate Tara Durant, Senator Bryce Reeves, The Honorable Daniel Cortez, National Veteran’s Court Alliance, Col. Michael Brooks, Sgt. Maj. Colin Barry, The Honorable Ricardo Rigual, and Kelly Hale, Director of Programs and Community Corrections met during one of our many graduations. **June 8, 2023***



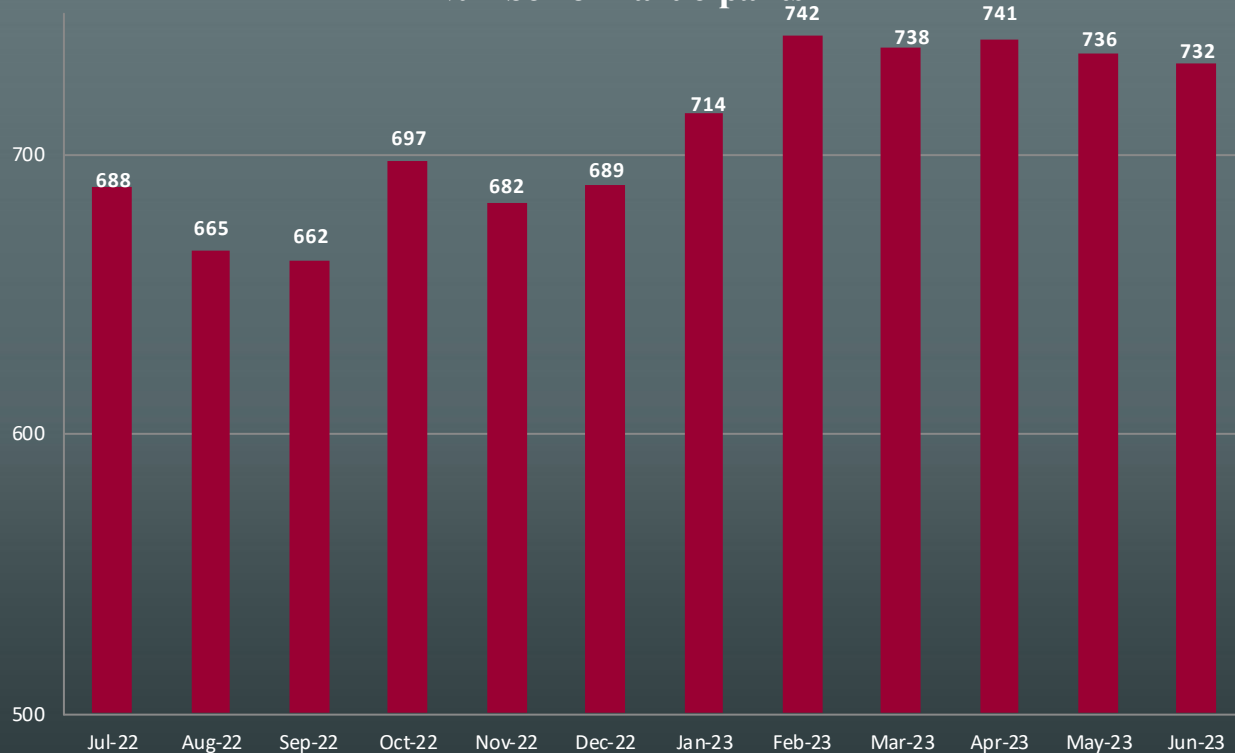
Below: Marine Veteran, Honorable Ricardo Rigual engaging with participants



Community-Based Probation FY-2023

During FY2023, Community-Based Probation (CBP) provided in-person probation supervision to both misdemeanor and non-violent felony cases. CBP minimized risk to public safety by utilizing differential supervision based on risk and need. Probationers are assessed utilizing risk-based assessment tools and probation officer review, to develop personalized reporting schedules combining in-person contacts with virtual and phone contacts. Juvenile and Domestic Relations courts continue to be the source of our greatest number of placements, specifically Spotsylvania JDR and Stafford JDR. We encourage the utilization of probation supervision from all General District Courts in our catchment region. CBP may be utilized as an alternative supervision means for non-violent felons from our Circuit Courts.

**Community-Based Probation
Average Daily Count 2022-2023
Number of Participants**



Spotsylvania Litter and Trash Elimination



FY-2023

SLATE CBP cases - 39

Successful SLATE CBP closure rate - 92%

Community Service Work hours (YTD) - 1,255

This fiscal year, July 1, 2022 - June 30, 2023, we had several placements for SLATE under CBP supervision. SLATE clients have assisted in litter abatement around the county this year. Studies show that people are less likely to litter when the side of roads are clean and maintained. At the minimum wage of \$12.00 an hour, this translates into over \$15,060.00 in labor costs provided back to Spotsylvania County.

The SLATE program may be utilized to offer defendants charged with Shoplifting the chance for *first time offenders* to have their criminal charge dismissed and begin with a clean “SLATE.”

Community-Based Probation (CBP)

Annual Statistics

July 1, 2022 - June 30, 2023

- Placements on Supervision - 848 misdemeanants - 60 felons - 908 total cases
- Successful Outcome Rate - 70% for misdemeanants and 64% for felons
- \$64,716.57 in court costs and fines payments were facilitated by CBP staff
- \$134,103.19 in restitution has been paid back to local victims from CBP cases
- 7,701.50 hours of community service work (\$92,418.00 based on minimum wage)



A grand total of **\$291,237.76** was placed back into our local community through the payment of restitution to local victims, facilitation of payment of court costs and fines, and community service work performed based on minimum wage by probationers on CBP in FY22. As an alternative to incarceration, community supervision allows probationers the opportunity to obtain and maintain stable employment and make payments towards child support and other household financial obligations.



Domestic Violence Cases on CBP

Assault and Battery charges from the Juvenile and Domestic Relations Courts continue to be the predominate charge type placed on Community-Based Probation.

Closures for FY23 for Domestic Violence cases from Juvenile and Domestic Relations Court

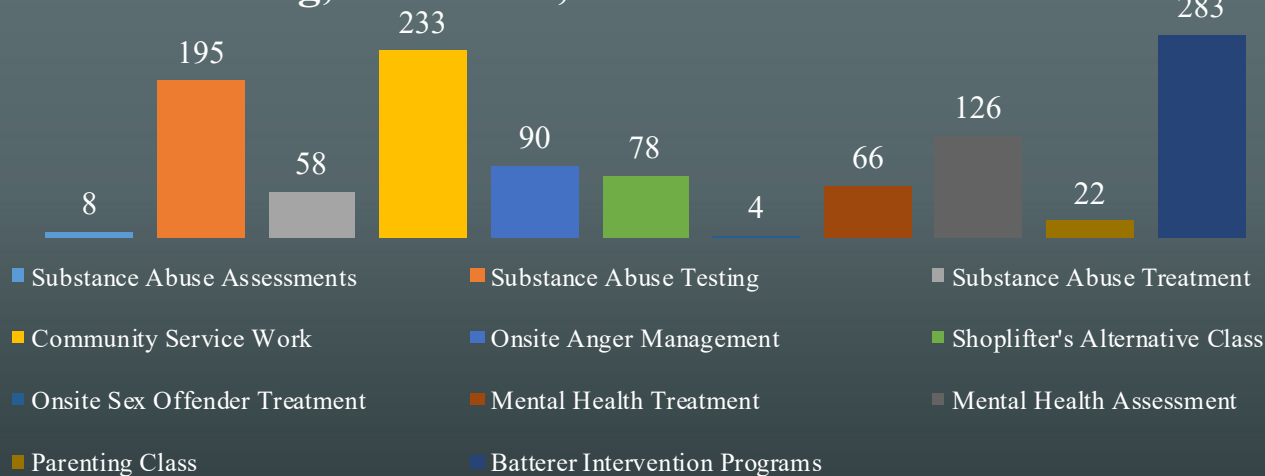
Stafford JDR - 135	Successful Case Closures	60	Unsuccessful Case Closures
Spotsylvania JDR - 87	Successful Case Closures	47	Unsuccessful Case Closures
Fredericksburg JDR - 37	Successful Case Closures	27	Unsuccessful Case Closures
King George JDR - 4	Successful Case Closures	3	Unsuccessful Case Closures

During Fiscal Year 2023, CBP placed 90 probationers in Anger Management and 253 in a Batterer Intervention Program (BIP). CBP facilitates anger management onsite at a minimum cost to offenders of \$35.00 for materials.

Our office continues to work collaboratively to supervise clients attending Fresh Start through Empower House. The probation officers meet with the clients at Fresh Start to lessen the negative effects on clients finances, employment and transportation barriers. Northern Virginia Family Services provides virtual services for our clients in Spanish. CBP is able to waive the Fresh Start fee for probationers that are not able to pay. Fresh Start is 24 weeks in duration and costs \$500. CBP places clients on a payment plan so that they can start the BIP once they initiate their payment plan.

Cases of non-intimate partner are better suited for services other than the Batterer Intervention Program. When the victim is another household member, CBP refers the offender for anger management and parenting class if appropriate. This fiscal year 23, probationers ordered by the courts to complete parenting classes were placed in parenting classes approved by DSS.

Community-Based Probation Testing, Education, and Treatment FY 2023



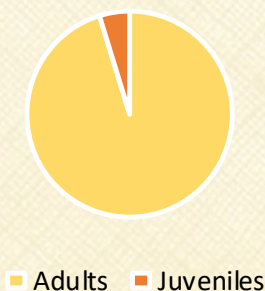
RAPPAHANNOCK REGIONAL ADULT & JUVENILE DRUG TREATMENT COURT

Drug Court is a cooperative effort between the courts, the offices of the Commonwealth’s Attorney’s, the Public Defender’s office, Adult and Juvenile Probation, the Rappahannock Area Community Services Board, and the Rappahannock Regional Jail. The Drug Treatment Court uses a team approach to provide substance abuse treatment to offenders with intensive oversight and monitoring by the Court. Judge Gordon F. Willis presides over the adult program and is involved weekly in the reinforcement of sanctions and incentives for program participants with input from collaborating program staff. Judge Joseph A. Vance, IV presides over the juvenile program. The Rappahannock Regional Adult and Juvenile Drug Treatment Court programs are able to provide services for ninety (90) adults and five (5) juveniles each year.

As of June 30, 2023, the Adult Drug Treatment Court program had thirty-three (33) active participants, nineteen (19) females and fourteen (14) males. The Phase III component of the program had thirteen (13) participants, Phase II had nine (9) participants, and the Phase I component had eleven (11) participants. Drug Court has continued to utilize the services of established partnerships such as the Thurman Brisben Center, Goodwill Industries, the Department of Aging and Rehabilitative Services, and Project Link, in addition to intensive outpatient, residential, and detoxification treatment services.

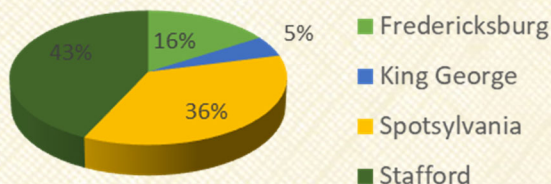
The Juvenile Drug Treatment Court program has continued to strive towards achieving all of the goals and objectives set for the period ending June 30, 2023, by providing a range of intensive services for juvenile offenders with substance abuse needs. The juvenile and their families are provided intensive outpatient treatment, individual and family counseling, which also includes in-home services. Treatment modalities concentrate on evidence-based practices that focus on cognitively changing problematic behaviors. Juveniles are required to be involved in educational programs or employment if educational goals have been completed. Partnerships have been formed with other community agencies to address additional needs such as psychiatric services and group home placement. As of June 30, 2023, the program had two (2) active participants, both males. The Phase III component of the program did not have any participants, Phase II did not have any participants, and the Phase I component had two (2) participants.

Adult and Juvenile Drug Court Participants 2022 -2023 Daily Average



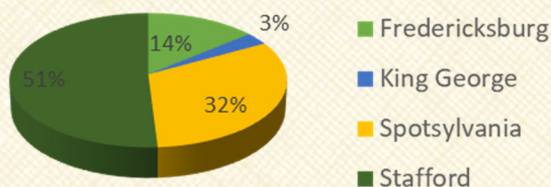
Average Daily Jail Population Percentage by Jurisdiction

June 2023



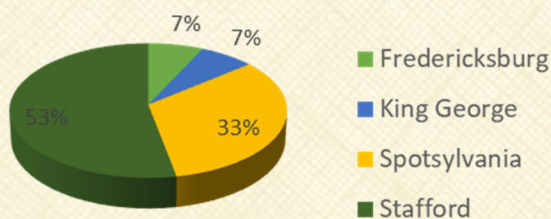
Community-Based Probation — 836 Placements

(percentage of annual total placement)



Pretrial — 1,352 Placements

(percentage of annual total placement)



Victim Information and Notification Everyday (VINE)

VINELink is the online version of VINE (Victim Information and Notification Everyday), the National Victim Notification Network. This service allows crime victims to obtain timely and reliable information about criminal cases and the custody status of offenders twenty-four (24) hours a day. Some states have the ability to display this website in Spanish. Please click on the state where you wish to search. If this option is available, you will see an "English | Español" toggle in the upper right hand corner. Victims and other concerned citizens can also register to be notified by phone, email, text message (SMS) or TTY device when an offender's custody status changes. Users can also register through their participating state or county toll-free number.

Virginia numbers:

VINE Service Number: (800) 467-4943

TTY: (866) 847-1298

Prison Rape Elimination Act (PREA)

The Rappahannock Regional Jail (RRJ) has a zero-tolerance policy for sexual abuse or harassment and makes prevention a top priority. The Prison Rape Elimination Act (PREA) of 2003 is a federal law that seeks to eliminate sexual abuse and harassment. This law applies to all federal and state prisons, jails, police lock-ups, private facilities, juvenile facilities, and community corrections programs. Standards were published in May 2012. RRJ policies prohibit any form of sexual activity, including sexual harassment. PREA established national standards for the detection, reduction, prevention, and punishment of prison rape; allows for data collection and information dissemination on the incidence of prison rape; and provides training, technical assistance and grant funding to assist states and localities to reduce and prevent the incidence of sexual violence.

Crisis Intervention Team (CIT)

The Rappahannock Area Crisis Intervention Team began in 2009. CIT provides a foundation to help promote community and statewide solutions to assist individuals with a mental illness. The CIT model reduces stigma and the need for additional involvement with the criminal justice system. A few of the goals of the crisis intervention team programs are as follows:

- * Affording persons with mental illness, substance abuse problems, or both, a sense of dignity in the crisis situation,
- * Reducing the likelihood of physical confrontations,
- * Decreasing arrests and use of force,
- * Identifying underserved populations with mental illness, substance abuse problems, or both, and linking them to appropriate care,
- * Proving support and assistance for mental health treatment professionals.

Since its inception, the local CIT program has been beneficial to staff of the jail in recognition of and de-escalation techniques for those who have mental health needs. All CIT certified staff are hand-picked from target areas of the facility that routinely deal with those with mental health issues. We have observed great success with this program over the years.

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